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No. 20

Autumn 2005

FIGHTING TALK FROM BRISTOL & THE SOUTH WEST

£1.20

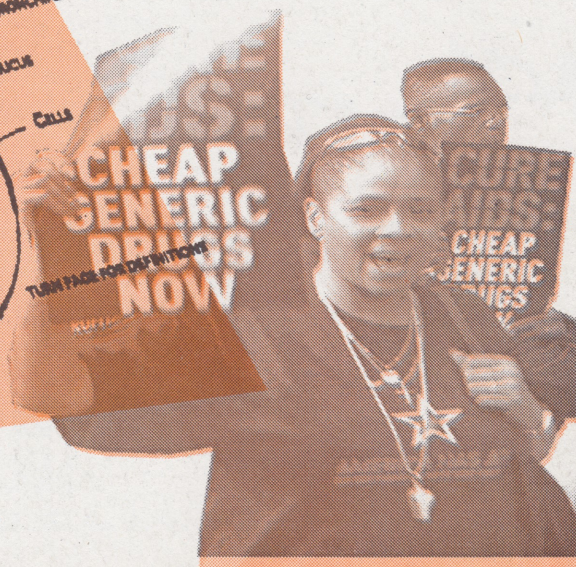
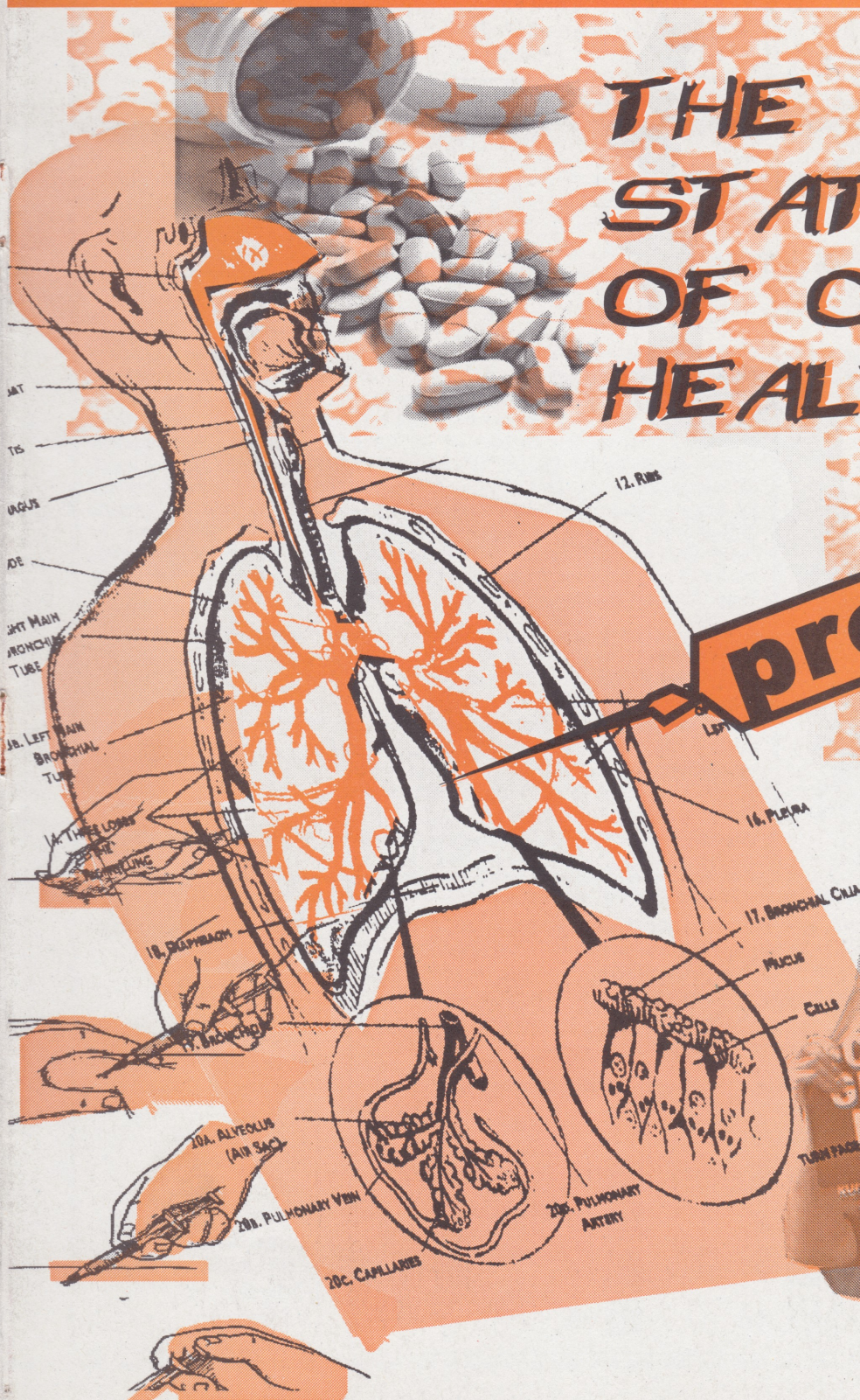
## THE STATE OF OUR HEALTH

special

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Also inside:

Cops seize Bristol Indymedia  
G8 reports  
Greenleaf closure  
Rolls Royce dispute  
Home Office terror campaign  
Racism in the South West





**bristle** is an alternative publication for Bristol and the South West aiming to provide a space and information for local groups and activists. Think locally, act globally, and vice versa. **bristle** invites everyone campaigning locally for different issues to send us your stuff. Contact us if you want to take part. **bristle** is self-funded, and any money made is invested in the magazine and other free-information activities. **bristle** is independent - we don't belong to any party, current or group. People writing for **bristle** don't necessarily agree with all the articles or content of the magazine. **bristle** is committed to creating an alternative media to the local and national brainwashers and manipulators. **bristle** is committed to the distribution of information and to creating revolution and an alternative to capitalism.

**bristle**

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- 6 May Day
- 1-4 [none left]



## What a long strange trip it's been...

Welcome once more to Bristle, the quality-assured organ of excellence for revolutionary transformation. This issue finds the Bristle Collective in celebratory and retrospective mood. We are bristling merry in our spiky birthday suits, happy to be celebrating the young punk's 20th anniversary. Since 1997 the beautiful zine has been a touch paper to ignite change and a faithful chronicle of urban and rural defiance against capitalism, injustice and the war machine. We hope that some of Bristle's amusing incidents and desperate measures bring some relief from the permanent crisis of a globalizing world. More seriously Issue 20 features a special section on health. As the campaign to save local hospitals rages, we take a wider look at Western medicine and capitalism.

So many events since Issue 19. The election has come and gone, causing New Labour to lose overall control of the "Counts Louse" in Bristol. They were punished due to their support for the war that has left tens of thousands dead in Iraq. If the anti-war movement had not stayed strong Syria would have been invaded too, in preparation for an assault on Iran - we now hear menacing voices as we write. Closer to home it's business as usual for the Day Centre campaigners fighting hard to defend vulnerable city residents from Council spending cuts.

In July people from all over the South West took part in the huge mobilisation against the G8 Summit in Scotland as well as the largest regional demonstration on the streets of Bristol on July 6th. Now we must not forget the urgent need for support for G8 prisoners. And solidarity with Bristol Indymedia following the seizure of their server during the build-up to the G8 Summit. On July 7th attention was diverted from events in Gleneagles by the London bombings, followed by racist attacks on muslims and a terrifying escalation in the 'war on terror'. Life now imitates surrealist art as Neoliberal imperialists and Jihadists feed off each other's atrocities like Salvador Dali's self-consuming image of autumnal cannibalism, while ordinary people suffer the consequences of conflict, racism and oppression. We say NO to capitalism and NO to theocracy!

Now that two founding members of the collective, are leaving the area it is time yet again to take stock of Bristle's future direction. Their passion and inspiration will be missed. In Issue 15 the editorial confided that it was 'a little nervous about the future viability of Bristle'. Like Mark Twain who read his own obituary we can say that rumours of Bristle's demise at the time proved much exaggerated as another five issues followed. We hope it won't soon be necessary to quote Spike Milligan and say 'we told you we were ill'.

As we go to print we are busy preparing for the grand benefit gig at the Malcolm X Centre on September 17th, organized in co-operation with Bristol Dissent. RSVP will be beating the bounds of St Pauls with their massive bhangra sounds, anarcho-feminists Gertrude from Hackney promise a post-punk spectacular of hard-edged guitar and unhinged cello, our very own Spanner will storm the sonic barricades and special guests The Heels are ska-ting all the way down from Birmingham. DJ sets from the TOSSERS, Clandestino, Spinster and Chester will also be ransacking their vibe-raries to bring us their sweetest tunes. On September 25th there will be a meeting to discuss Bristle's future direction (see below). But for today it's time to clean off the printing blocks of Issue 20 and put on our dancing shoes...

**Bristle Collective**

## Meeting: Bristle mag what next?

**Sunday 25 September, 2-5 pm**

**Kebele Social Centre  
Easton, BS5**

With the departure of the last of the founder members of Bristle mag, the remaining collective members invite you to come and discuss:

**What next for bristle?**

**What format could it take?**

**How can it be most effective?**

If you have any ideas, and/or the time/enthusiasm to get involved, then come along to this meeting. All welcome!

Informal chats & food at the Kebele Kafe after the meeting, from 6pm.



### POLITICAL STREET EXPRESSIONS FROM BRISTOL AND THE SOUTHWEST

The very long awaited book - available soon from usual outlets! 200 full colour A5 pages on local graffiti, murals, stencils and other urban art.

**Only £6!**

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**editorial**

**bristle 20 - 2**





Bristol  
cops just  
don't get  
it - who  
are the G8?

## ATTACKING THE G8 ON THE HOME FRONT Bristol's July 6th Protest

While thousands protested in Edinburgh and Gleneagles, Bristol held the largest solidarity protest against global capitalism outside Scotland. A strong, vocal, and colourful crowd of four hundred gathered in the city centre to pledge our determination to create an alternative to the war, injustice, and environmental destruction that the G8 offer. During the usual stand-offs and jostling by the police

one edgy mounted cop galloped at full pelt causing his horse to stumble and come crashing down on the pavement, risking the animal's legs and life. This loss of control and general indecisiveness suggests that the B-team was on duty due to deployments against our comrades in the North. Despite the intimidation, the samba band kept the spirits high. The summit is over; the struggle continues...

## A sad goodbye to Greenleaf bookshop

By Bristle eds

As we go to press it is confirmed that the much loved Greenleaf Bookshop has closed its doors for good.

Despite its prominent location in Colston Street, it has been known for some time that Greenleaf was struggling to cope with the pressures of 21st century capitalism. Despite going on-line for orders & sales, and introducing new tills, it has like so many other alternative, community bookshops now been forced to fold. Some have commented that one can buy 'Greenleaf's' books at high street bookshop chainstores (Waterstones, Borders etc), but just as you can buy organic and vegan foods at Tesco's, that completely misses the point! It fails to take into consideration that Greenleaf always was, and always strived to be, more than just a commercial profit-driven enterprise selling books.

Trading since 1982, and run by staff & volunteers organised as a workers collective, Greenleaf viewed itself as part of the wider alternative community, and as an outlet for their publications, ideas, and events. With space for progressive publications for children, women & health alongside an extensive array of other radical publications;

a notice-board and ads in the window; alternative cards, t-shirts, CD's &

calendars etc; Greenleaf was also home to the postal addresses for over 100 local community & radical groups; and as recently as July was selling coach tickets to protests. Greenleaf was always very supportive to Bristle and other similar projects, and we remain ever grateful to them for that.

Greenleaf have expressed sincere thanks to all who supported them, and call on people to continue to support local alternatives - you have the choice and the power to do so.

**We wish all those involved at Greenleaf the very best for the future. See [www.greenleafbookshop.co.uk/](http://www.greenleafbookshop.co.uk/) or Bristol Indymedia for updates.**





# The British State V Bristol Indymedia

news

A volunteer of the Bristol Indymedia Collective (BIMC) is on bail until October facing potentially serious charges, after their home was raided by police, and personal computer, mobile phone, and BIMC server seized. Police were directed to BIMC by self-confessed police informant Mark Watson (aka Zaskar). The volunteer's crime? Being a voluntary member of BIMC, and therefore a moderator of the open access newswire known as Bristol Indymedia, to which any member of the public can post news and comment. Given the current clampdown on all forms of independent and free thought and action, Bristle had some questions of our own for BIMC.

**Bristle:** What caused the cops to seize the server hosting Bristol Indymedia?

**BIMC:** In June an article was posted on the website (it can still be viewed at [www.indymedia.org.uk/en/2005/06/315041.html](http://www.indymedia.org.uk/en/2005/06/315041.html)) which seems to be what got the cops interested. There has been a lot of discussion of what actually happened, if anything, but many people think that the person who wrote it dropped bricks onto cars on the back of a freight train near Bristol. Within 24 hours of the article being posted it was removed from the front page of the website. This is normal practice where we decide that an article has breached the site guidelines.

Soon after, British Transport Police asked us to contact them in relation to this posting. We agreed to meet them but beforehand made it clear that we did not believe there was any information on the server we use that would help identify the poster, and in any case nothing would be handed over without an appropriate warrant voluntarily.

**Bristle:** Did you then go and meet the cops?

**BIMC:** At the last minute they cancelled the meeting. The next contact we had from them was when they entered a property without warning and seized computer equipment. One member of our collective was arrested on suspicion of 'incitement to criminal damage'. He was released soon after and a court date is likely to follow in October.

**Bristle:** You said you didn't believe you had any information that could identify who posted the article. So why was a member of BIMC arrested for incitement?

**BIMC:** We have no idea. But we see this as a very sinister development, and one that could for example affect anyone running a public forum as part of a news resource on the internet. One interpretation of that the police view is that merely providing a forum on which someone posts claiming to have carried out a criminal act, even if that article is subsequently removed, is itself potentially a criminal offence. If this is indeed the police's interpretation, then simply by posting an article in support of non-violent direct action on a forum, be it Urban 75, Bristle magazine or even the BBC website, could make the owner of

that site, or perhaps even the internet hosting company, culpable.

**Bristle:** So do you see the server seizure and arrest as an attack on free speech?

**BIMC:** Very much so. Remember this was just prior to the G8 protests in Gleneagles, when the mainstream media were whipping up a frenzy of fear about anarchist 'terrorists' running amok in Scotland. We have a Some people have suggested there is a pattern here, from the attack on the school in Genoa, the FBI seizure of the UK Indymedia server, this raid in Bristol and the shutdown of an Italian server the week before, where the main tactic appears to be to use intimidation and threats to draw down the energy of alternative news networks while ensuring public acceptance of aggressive censorial tactics in response to the climate of fear built up after terrorist attacks.

**Bristle:** And has this then weakened or drained you as a collective?

**BIMC:** Certainly we have spent a lot of time working out the legal issues. We'd like to thank all the groups, including other IMCs, free speech organisations and legal support we have been offered in the past few months. I think it's safe to say that that support has in fact strengthened our collective rather than weakened it - there's been a real sense of everyone pulling together as we realise the arrest of one member affects everything the indymedia movement does and stands for.

**Bristle:** The website is up and running again. How did you manage that, and where is Bristol Indymedia going in the future?

**BIMC:** That sense of common purpose that we've achieved since the seizure, together with the offers of support enabled us to get the website up again within a few weeks. Of course, we're always looking for more people to get involved in the variety of things we do, from running film nights to publicity and website maintenance. With a diverse set of interests, skills and people we are confident that our collective is now stronger than before.

**For more info/updates see <http://bristol.indymedia.org>**

**BRISTOL.INDYMEDIA.ORG**  
*Read It, Write It, Your Site, Your News...*



# The G8? Guilty

## Make them pay, and hang them high says mh

When within a week or so of the G8's summit in Scotland ending, the world's attention was turned towards the unfolding famine & crisis in Niger and the surrounding region, we had proof positive of the G8's absolute failure to live up to the role they have made for themselves.

Their mealy-mouthed offer of debt cancellation (of the interest payments only, for 10 years only!) for 18 of the worlds poorest nations, which included Niger, was as worthless as the paper it was written on, and as pointless as the G8 summit. After all the media spin, celebrities, do-gooding & increased record sales of Live \$ and Make Poverty History 2005 (MPH); the self-presentation by Blair & Brown of themselves as the reformers of the G8 & saviours of Africa turned out to be pure bollocks. Millions were dying, and millions continue to die, and not just in Africa! And not just because of drought & locust-induced famine, but because of centuries of exploitation & resource-theft, because of dictatorial home-grown leaders backed by western governments & corporations, and economic policies forced on them by the G8 & its friends the WB, IMF, WTO & EU. In some parts of Niger there is plenty

of food in the markets, but the people cannot afford it due to the 80% price increases over the last couple of years. But you won't read that in the 'Aid appeal' ad in your daily paper.

### 18 out of 52?

Years ago the Jubilee2000 campaign listed the 52 poorest countries in need of immediate 100% debt cancellation. The G8, IMF, WB etc themselves identified the 42 most heavily indebted poor nations. Years later in 2005 the G8 offers debt cancellation, with multiple strings attached (privatisation, economic & political restructuring etc), to 18 of those nations. And calls it progress. The response of MPH? To continue to

call on the G8 and the parallel institutions to carry out reforms.

Therein lies the inherent difference between us anti-capitalists, and the likes of MPH, however well meaning their supporters may be. Quite simply we do not call on the G8 et al to do anything, because we know that they will never, ever, take the necessary steps to end poverty & inequality. Because to do so would mean the effective abolition of all they hold dear - the capitalist system and the pursuit of power & profit. Nor do we believe that aid agencies, funded by our donations (that's us, the taxpayers!), should be used as band-aids to cover up the inequalities & failures perpetrated under this system. There is plenty of wealth, food and resources in the world, the problem lies within the fact that a tiny minority own or control them for their own self-interest.

### Not enough dissent

However whilst the G8 does its best to prove our case for us, what did we achieve? We did not 'evict the G8', nor end poverty anywhere, never mind smash capitalism once and for all. Despite innovative and sometimes effective protests and forms of organising in central Scotland, our actual numbers on the streets were small, too small. The inspiring rural convergence space was only ever half-full; the G8 Alternatives march on Gleneagles promised 20,000 people, but there were no more

"30,000 people still  
die every day from  
preventable poverty.

Make 2005 the year  
the G8 stops it."

Post-summit MPH 2005  
statement ignores  
reality and continues to  
'ask' the G8 to be nice.

### What is a Barrio?

A field with arteries made of board, led to barrios, kitchens...

A small boy came to me with a blank postcard. On it read: 'wot is a darrio?'

I wrote a barrio is a heart, the kitchen is a stomach and the people are the bloodstream.

I was astounded at the eight year old's quest for knowledge. He asked me to read wot I had wrote and left with expectation to find another's opinion.

by Tash

**Editors' note:** The 'barrios' could be found at the eco-village, the rural convergence centre outside Stirling in Scotland. Organised & self-managed by the national Dissent network, it was divided up into 'barrios', or neighbourhoods, each with their own kitchen, run by individual Dissent groups, such as the Bristol one. Our contributor, Tash, was active with the Clown Army (CIRCA) in the run up to the G8 protests, and helped form the platoon of Bristol Clowns. As part of the CIRCA tour of Scotland, she spent some time at the convergence centre barrios.

photo by Bristle



A work in progress - anti-G8 billboard being made at Bristol Dissent's Info4Action day on 9 April.

### Support G8 defendants & prisoners

Of over 700 people detained during the G8 protests, over 300 have trials going through the courts, with some facing, or already in, prison. They deserve, and need, our support - financially, practically, and emotionally. Donations are needed for travel, legal costs, and spending money in prison. Prisoners need visits & letters, their families too need support. For more info and to make donations see [www.g8legalsupport.info](http://www.g8legalsupport.info) and [www.brightonabc.org.uk](http://www.brightonabc.org.uk)

The July2005 Solidarity Group has been set up in Scotland to support defendants & prisoners directly. Contact them by email [July2005solidarity@yahoo.co.uk](mailto:July2005solidarity@yahoo.co.uk) or by phone 0131 557 6242. Locally please contact the Bristol Dissent group.

by Bristol legal vol



# guilty, guilty!



These London cops in Edinburgh weren't sure whether to hit or hug you... Clearly more indoctrination was needed - now they might shoot you.

than 7,000 on the day. The massive police operation largely succeeded, and hundreds of our comrades face court cases and worse - we did not in most instances have the numbers in Scotland, nor the mentality, to force the state to back off.

The struggles of the broad anti-capitalist movement to

G8 defendants  
and prisoners  
deserve, and  
need, our support  
- now"

resist the economic slavery of capitalism and its destruction of our planet continue, as do our efforts to create living alternatives in the here & now. But the horrific bomb attacks in London in July make our task even harder. They allow the authoritarian British state to increase its control through the politics of fear, and via divide & rule attack virtually any form of dissent. Now more than ever before we need to take out a clear message that this world is divided between them & us, the haves & have nots, the rich & poor, the ruling class against the rest. We need to restate the case for commonality, the benefits of self-management of our environment & our futures, and for taking control back from those whose only motives are power & profit.

We need to do this not just at G8 summits, but also on a daily basis, where we live.

The G8's self-interests mean they remain guilty as charged: of refusing to engage with peoples' genuine concerns around climate change & the environment, wars, debt & poverty; of consciously taking decisions that condemn whole nations to live in war zones whilst the battle for diminishing resources rages around them; of deliberately enforcing economic policies that condemn billions of people to poverty and disease whilst corporations profit. As the battle for the future of humanity & the planet heats up, we must give these criminals the justice they deserve - hang them high

## Reaching the parts...

On the 18 August 2004 some 35 people attended the formative meet of Bristol Dissent at Kebele social centre. On 6 July 2005 Bristol Dissent held a 400+ strong anti-G8 demo in Bristol; and had enthused many others to protest up in Scotland: organised a Bristol kitchen & space at the rural convergence space: and provided volunteers for support groups at the G8 protests such as legal, medics, media.

Between those two dates Bristol Dissent engaged in perhaps the most explicitly anti-capitalist outreach campaign that Bristol has seen for many a year. Dissent held regular open meetings that attracted old & new activists of various ages & backgrounds; put on many socials/gigs; organised a conference & various training events; spoke at other's meetings; reclaimed College Green for a fun day; held regular street stalls; distributed 1000's of flyers, posters, stickers, booklets, briefings on the G8 and other info; posted regular info & updates to local e-lists & Indymedia; and raised approx £3000 from donations & benefits. By 6 July all that money was spent, largely on donations to national Dissent & its support groups; but also on the costs of local direct action affinity groups; and of course on the production of all that literature.

To the best of it's ability Bristol Dissent was self-organised & collectively managed, non-hierarchical. It tried with some success to reach out beyond its core areas of north & east central Bristol. Some have suggested that Dissent itself did not organise enough direct action/protests, yet throughout this period the Bristol area has continued to see many such actions, and judging by the amount of subverted billboards & similar many have been inspired by the campaign against the G8 & capitalism.

Currently the group continues, with a focus on discussion and support for those arrested during G8 protests. Come and get involved!

Bristol Dissent, c/o 14 Robertson Rd, Easton, Bristol, BS5 6JY.  
Email [dissentbristol@subsection.org.uk](mailto:dissentbristol@subsection.org.uk)

by Dee Senta

## Ideas for moving on...

There's a lot more to the struggle for a free world than a ten-month mobilisation against the G8, and a bit of non-violent-direct-action and getting busted locking-on to a blockade, although that is a good start! The summit is over but the struggle continues. Here are some ideas for those hungry for a better world:

☛ Stay angry. We didn't make poverty history in 2005, never mind end capitalism, but the need to do so is greater than ever.

☛ Remain organised, don't splinter and/or fade away. Work on improving our self-organisation and consensual decision-making, resist hierarchies & leaders. Try to agree upcoming priorities with others, and work together on them. Discuss politics & contemporary issues, not just practical issues around the next 'action'. Share skills and self-educate.

☛ Get out more. Don't just settle for the comfort of the activist ghetto, but spread the word through info, involvement and action. Engage with your local communities and organisations, listen to what neighbours & fellow workers have to say, argue your point, make links, extend networks and alternative solutions. And have fun!

☛ Make better use of what resources we already have. For example: Indymedia - use it, write it, be it. Kebele social centre - support it, utilise it, invigorate it, expand it so that all feel welcome and accepted.

Remember...we are 6 billion, they are few.

by mh

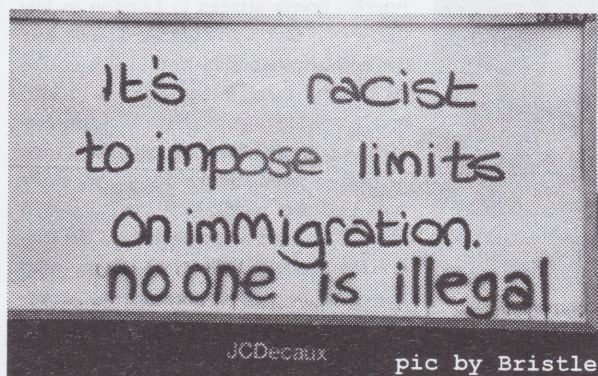
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# 'No Problem Here'?

## RURAL RACISM IN THE SOUTH-WEST

The Monitoring Group's (TMG) Rural Racism Project, which delivers support to victims of racial harassment and violence in Devon, Cornwall, Torbay and Plymouth, has seen an exponential increase in its casework since it started in October 2003. In the South West, where black people are a small minority, it is not cohesion which impacts on them, but the daily experience of racial harassment and violence.



An audit carried out by the Project as part of the Plymouth Crime and Disorder Audit 2004, uncovered that over a two-year period, 100% of respondents in each of the interview categories had experienced overwhelming racial harassment and violence. 17 of the Black and Minority Ethnic (BME) businesses interviewed recorded a total of at least 814 racist or racially motivated incidents. 23 members of the BME asylum seeking and refugee communities recorded a total of at least 833 such incidents, and 12 members of the BME community recorded a total of at least 521 such incidents. Tragically, the majority of these incidents have not been reported because of lack of confidence and trust in the police and statutory services.

Plymouth's experience is not unique. In the last year, three reports have emerged out of Cornwall (No Problem in Cornwall), Devon (Multi-ethnic Devon) and Teignbridge & South Hams (Teignbridge & South Hams Cultural Report), which echo the findings of the Rural Racism Project's audit.

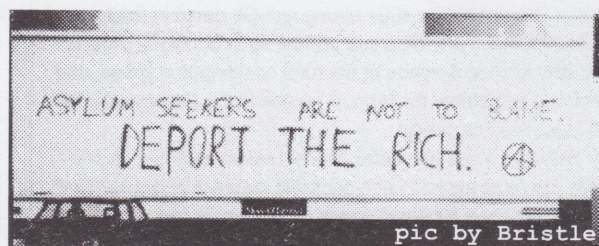
### Isolation

Although the daily experience of visible minorities in the far South West is of racial harassment and violence, the issue of dealing with racial violence is not prioritised in most of the community safety strategies. As a result most areas do not have effective racist incident reporting, recording, investigation, monitoring and response frameworks. Victims are left isolated, unsupported and frightened of putting their heads above the parapet for fear of reprisals within neighbourhoods where they may only be an individual, a family or a group of families.

Instead what is prioritised is the community cohesion agenda, which in areas with small black communities is insidious because it puts the responsibility for achieving harmonious inter-community relations on visible minorities and takes the blame away from the press, media and politicians. They have increasingly created a hostile environment in which asylum seekers, refugees, migrant workers, gypsies and travellers, Muslims and ethnic minorities have become by-words for terrorists, scroungers and the 'enemy within'.

Labour's insistence on addressing the issue of racial violence against BME communities through the prism of community cohesion, which is in turn delivered through capacity building, citizenship and social inclusion schemes, have provided little succour for victims. The wholesale buy-in of Labour's community cohesion agenda by the white sector and the Race Equality Councils and the emerging Equalities organisation, has undermined the progress that has been made following the McPherson Inquiry which put the 'blame' for Stephen Lawrence's death on institutional racism.

The most recent findings by Jay Rayner, for The Observer, places Devon and Cornwall second only behind Cumbria in the national race hate league. Yet most local authorities south of Bristol have failed to implement robust reporting and recording systems. The disproportionate prevalence of racist crime among visible minorities should mark them out as a priority group in the plethora of funding schemes coming out of Whitehall and Europe. The reality is despite the prominence of the anti-crime and the emerging restorative justice agenda, visible minorities continue to be invisibilised. It is no surprise that there is a massive lack of confidence in reporting racist incidents! Victims unable to access culturally-appropriate support services suffer in silence. Most of TMG's clients require some form of medication or exhibit symptoms of anxiety and depression. However without accurate stats of their experiences, the complacency which is inherent in the 'no problem here' attitudes prevails.



### Votes from hate

The recent election has shown the vulnerability of visible minorities who have seen politicians from the Labour 'left' to the BNP right formulating their vote-winning strategies on the basis of who can dig deep and dirty on the immigration and asylum issue. As the press outdo each other in the circulation war, the casualties are visible minorities who have become symbols of the nation's vilification: the asylum seekers, refugees, migrant workers, gypsies and travellers.

Against the backdrop of the rabid racism that is becoming the currency of our political life, organisations like the Rural Racism Project are left to fight an uphill battle. In its third term in office, if Labour's rhetoric around creating a stakeholder society is to be meaningful then investment has to start from the reality of people's daily experiences, and in the far South West it must mean an appropriately resourced victim support infrastructure and a proactive anti-race hate crime strategy.

**Ratna Lachmanm, Manager**  
**The Monitoring Group, Rural Racism Project**



This issue of Bristle continues with the same injustices. Since our report in Issue 19, the campaign for Lina and Miguel took a dramatic turn - they managed to leave the country but it's terrible that people have to go to that extreme in order to carry on with their lives or to be safe. More refugees had been left without accommodation due to closure and more refusals of Asylum. These include in many cases countries where the conflict is acknowledged to be vicious, like Sierra Leone or Iran. Refugees who are turned down

# Home Office continues campaign of terror

are made homeless, preferring this to being back in their country to face more torture. The anxiety resulting from being in the streets, without speaking the language, fearing being stopped by coppers and facing extradition; with such consequences this is terrorism.

## Iranians choose suicide rather than facing deportation

Without a doubt, the most tragic events related to asylum in Bristol have been the suicides of two refugees within the space of less than a month: Babak Ahadi, 33 (July 5th 2005) and Ismail Aliulahi, 31 (July 31st). In both cases the reason for the suicide was the refusal of their asylum application. Babak poured petrol over himself and set himself on fire. His flatmates could do nothing for him, nor could Frenchay hospital. Babak's last asylum (tribunal) hearing was on 20th June, in Birmingham. He was refused permission then and there to have his case reheard, after only about five minutes (according to Babak himself), by the adjudicator, the hearing was by video link.

His tragic death shocked the Iranian community who got together to offer him a farewell and to organise themselves to try to avoid such situations in the future. However, the case was repeated within weeks. In this case, Ismail Aliulahi had been in the country for 5 years and had refugee status. The reasons for his death were more linked to depression and mental health. What is clear in both cases is that refugees are very vulnerable people who have suffered traumatic experiences and often face appalling consequences if they are repatriated - in such cases, even death is preferable. Despite the seriousness of the cases, they were unreported by the local and national media.

At the same time, another Iranian, a young pregnant woman, was arrested in Bristol when her application had not even been processed (29th June 2005). Zahra Asgarifard was transferred to Yarl's Wood detention centre in Bedfordshire, where she was kept for two weeks without any medical attention, even though on the first day after being arrested in Bristol she lost a lot of blood due to the stress. According to a later examination she had been very close to losing her baby. Her friends were also

prevented from providing food and medical equipment. She was placed in a cell with a mattress, scruffy blanket and filthy toilet. She and her husband had to borrow money to pay for solicitors and for bail money: £3,000! The bail was then raised to £10,000! On 18th July the Home Office booked a flight to deport her to Iran. The flight was finally cancelled due to the intervention of activists. Zahra was reunited with her husband in March after five years of



Babak Ahadi, d. 5 July 2005

The Home Office alleges Shaian and Zahra have to go back there, as this was the entering country. However, Shaian fears that once his application in the UK has been turned down he'll be sent to Iran. How can someone whose application is still in process be treated like this? How can someone who is pregnant be treated like this?

## Lina and Miguel: high price for feeling safe

As we said in the introduction, Lina and Miguel's case has concluded kind of happily. Well, it continues because they still have no status to remain in other EU countries but the process has been started. And they still lack basics such as housing and income. This is what this government has pushed them to. This and even more. Lina and Miguel were forced to leave the country. To do so they had to be smuggled. The consequences for them and for the activists who helped them would be terrible. The penalty for those caught in these activities was raised to 14 years after the death of 50 Chinese immigrants in the back of a lorry in 2002. Bristle wish Lina and Miguel a better life than what the authorities offered them here - we'll miss them in Bristol. To those who helped them to leave the country and avoid deportation to Colombia, our admiration and respect. Once again, this shows that we still can challenge the unfair decisions of our governments.

**For more info on these and similar cases all over the UK: [www.ncadc.org.uk](http://www.ncadc.org.uk)**

being away from each other. Her husband Shaian's asylum application was turned down because, before coming to the UK (five years ago), he stopped in Greece.

refugees



# ENDING SPIRITUAL GENOCIDE

This summer Dr Al Carroll included two local centres of the 'new age', Totnes and Glastonbury, in his lecture tour challenging the widespread appropriation of native American culture. For those who couldn't be there, Al agreed to precis his talks for Bristle readers, arguing that what now passes as 'New Age shamanism' is all too often age-old racism and abuse that has shape-shifted from colonialism to faux spirituality.



**T**housands of impostors leading the New Age movement pretend to be Native medicine people. Many charlatans come to Europe. One tribe alone, the Cherokee, counts more than two hundred impostors posing as their elders. These frauds carry out impersonations for money, power, ego, to build cults, and to sexually abuse women (and sometimes men or even children.) The New Age movement claims to want to 'heal the planet', to love all people and be against racism and bigotry. When it comes to Native people, most New Agers claim to admire Natives, want to emulate them or even be 'Indian at heart' or 'were an Indian in a past life'. Yet New Agers follow these frauds, often blindly, unaware of the damage these impostors do.

New Age exploiters are the greatest source of lies about Native people today, even more than Hollywood. The false,



heavily romanticized images send the message that real Native problems like land loss and attacks on tribal sovereignty don't matter because 'real Indians' are super-spiritual types who commune with nature. The New Age movement began in the 1960s during the Civil Rights movement. Blatant

racism against Natives became untenable. More intricate forms were needed to salve white guilt. The greatest achievement of the New Age is to make older racist stereotypes of Natives palatable again for whites. Some dismiss New Agers as harmless eccentrics, but there are very real damages done by them:

1. Silencing actual Native voices and replacing them with impostors
2. Justifying genocide, racism and religious bigotry against natives
3. Turning people away from activism in favor of feel-good do-nothing beliefs
4. Disruption of Native communities, ceremonies and sacred sites
5. Environmental destruction, loss of plants used in Native

ceremonies, desecration of Native sacred sites

6. Stereotyping natives as noble savages and red Gandalfs
7. Sexual abuse and exploitation of followers
8. Commercialism, putting Native beliefs and ceremonies up for sale, distorting and changing Native beliefs
9. Some frauds promote racist and religiously bigoted violence

In Europe these exploiters do enormous damage to Native causes. A fraud named Kenneth Diner shut down nearly all activism in Sweden on behalf of Natives, diverting money intended for Big Mountain and abusing dozens of women sexually with fake ceremonies where he 'heals' (molests) them in the nude. In Holland the Red Thunderbird Agency vowed to shut down NANAI, activists for Native causes for over thirty years, because they refused to sell ceremonies. Across Europe tens of thousands live in mouldy tipis playing Indian on the weekends, or pay thousands for false versions of Indian ceremonies to mostly white impostors while actual Natives live in poverty and die at higher rates from disease and violence.

I'm a historian, Mescalero Apache, and an activist. I came to Europe this summer at the request of friends concerned about the deception and abuse by spiritual exploiters and impostors posing as Native medicine people. I was not sure what to expect. I hoped that some would listen and learn to see Natives as ordinary modern day people and not mystical fantasy figures, realizing the worst possible way to learn about Natives was to pay for false ceremonies. I expected many to stay in denial or be hopelessly addicted to the fantasy stereotype of Indians as 'Noble Savages'.

But almost everyone at my speeches cheered me, reacting with thoughtfulness, enthusiasm, relief, gratitude, and maturity. Most Europeans I met pledged never to take part in ceremony buying and selling again and to learn from accurate, respectful sources. To my surprise and relief, most European New Agers do damage out of ignorance, not malice. Some see New Agers as hopelessly lost. My experience is very different. Almost all can be reached, and gladly change



# NEW AGERS' ABUSE OF NATIVE PEOPLE AND WHAT TO DO ABOUT IT

by Dr. Al Carroll

if presented with the truth. It has been surprisingly easy to change New Agers from clueless followers of impostors such as Roy 'Littlesun' Stevens (an Indonesian posing as a Hopi spokesman in Glastonbury) to friends and allies of Natives. Glastonbury was where I got the best reception anywhere in Britain. In the 'heart chakra of England', Stevens' followers were shouted down!

Much work remains. We must spread the word that spiritual exploitation of Native traditions must end. The abuse these frauds do is not just wrong, it's illegal, especially the assaults on women. Britain has Waldorf schools teaching racist theories that Natives must die out for 'Aryans' to progress spiritually, and that Blacks are mentally childlike. I hope that the British learn to distinguish the accurate from the exploitative, and stay away from anything calling itself

New Age or 'shamanism'. Do not support with your money, your words, or your actions spiritual exploiters. Warn others what you have read here.



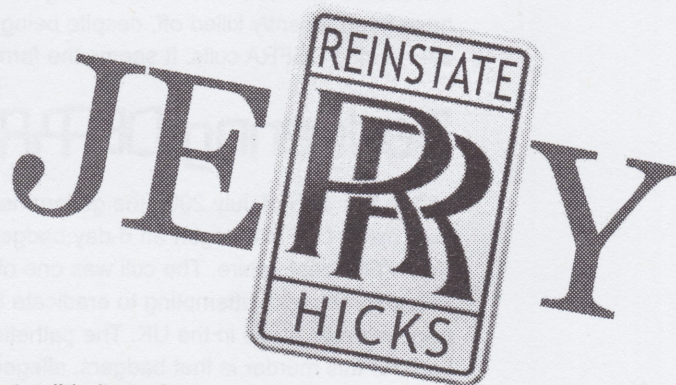
Further information:  
[www.newagefraud.org](http://www.newagefraud.org) [www.nafps.net](http://www.nafps.net)  
<http://users.pandora.be/gohiyuhi>



Geronimo - Apache Freedom Fighter

campaigns

## ROLLS ROYCE REBELLION



The sacking at the Patchway Rolls Royce site, of the Amicus union deputy plant convenor, Jerry Hicks, on 20 July, led to immediate wildcat solidarity action from his fellow workers. This has threatened to spread beyond the Bristol site to Rolls Royce's other UK plants. As we go to press workers are balloting for strike action at Bristol amidst calls for national action. Time will tell if national union officers facilitate this mood of defiance, or defuse it through 'legal action' and 'negotiation'. The answer to that will be known by the time you read this...

The fact is that Hicks sacking was clear victimisation, and revenge for previous wildcat action that saw two other workers reinstated six weeks before. Rolls Royce have posted half-yearly profits of over £260 million, and have plenty of work in the pipeline; but plans to move the factory, and the greed of bosses, means they want to get rid of any opposition.

Here at Bristle we reckon that self-organised action by workers breeds self-confidence and success. Once the workers are united, and winning, then they can begin to focus on challenging Rolls Royce's complicity with the war machine, and demand product diversification towards more socially useful machinery.



## ANGLER TURNS SABOTEUR AND THE GLOVES ARE OFF!



**O**n Saturday 11th June as part of Anti Angling Week, animal rights activists and hunt saboteurs gathered at the lake in St. George's Park, Bristol, to highlight the ignored suffering of fish and to send the anglers home. The day started off with immediate results as one angler, after angling for

eight years, decided that he would no longer inflict unnecessary pain on fish and packed up his equipment to join the protest! Other anglers soon left too, with their conscience kicking into action.

The activists then turned their attention to the last remaining group of anglers and were met with enormous hostility as they shouted at the activists, calling them nazis and hypocrites - obviously unfamiliar with the concept of a cruelty-free lifestyle. One angler then violently assaulted a female activist, punching her in the face and attempting to throw her into the lake. As the police arrived they arrested one activist who dared to intervene, pinning him to the ground and handcuffing him. The unsavoury man who launched the attack was left to roam the streets in search of his next victim, with a beer can in one hand and a stick in the other.

The remaining activists then took their protest to the nearby park in Eastville. There was only one angler at the park and after a brief chat she too decided to give it up, agreeing that **ANGLING IS WRONG!!**

The following unedited reports were received from the ALF:

### DEFRA VS ALF- 4 Badgers liberated - over 320 traps destroyed

**T**he government department, DEFRA (formerly MAFF), were busy in West Cornwall from June 13th 2005, as they began killing badgers. Needless to say we were even busier! During the 8 days trapping, four badgers were saved from death before DEFRA could shoot them. Over 250 traps were chopped up or flattened. On the 25th of July DEFRA began another cull around Exmoor, where many badger sets seem to have been recently killed off, despite being well looked after during DEFRA culls. It seems the farmers are

doing DEFRA's job for them.

The Avon & Somerset Constabulary ignored the plight of the badger (a protected species?!) and saw fit to giving us the run around during the Exmoor cull, but no arrests were made. Over 70 traps were destroyed, and some fun was had by setting off the alarms of DEFRA vehicles at 4am as the scumbag workers slept at the Anchor Inn, in Exebridge.

We will always win.

Animal Liberation Front

### Badgering DEFRA in South Gloucestershire

**O**n the 18th of July 2005 the government department, DEFRA, began an 8-day badger cull in South Gloucestershire. The cull was one of many killing-spree trials, attempting to eradicate badgers from selected areas in the UK. The pathetic "justification" for this murder is that badgers, allegedly, spread TB in herds of dairy cows - although it is far more likely that the disastrous farming practices now employed by carefree farmers has caused the problem - so how about a cull of dairy farmers?

The cull in South Gloucestershire had a huge amount of disruption. Scare tactics from DEFRA, gamekeepers & farmer scum did not deter us; and the police didn't show their ugly faces once! 221 traps were put out of action, and some early morning badgering resulted in 5 trapped badgers being released back to the wild. 1 trapped pheasant was also liberated.

DEFRA plan to continue killing badgers until the end of 2006, when they will evaluate the findings of

their sick experiment. We will continue our efforts to stop them.

Animal Liberation Front





Capitalism rules all aspects of life and society, including our health. This is done by those who control the market and who can profit from it and the big pharmaceutical companies and private health services. Though the pharmacy industry sets the basis in medical education and in public health. As we will see in this article, the fact that illnesses have to be fought with medicines is a wrong concept that the companies profit from. Many illnesses are needed for the body to develop defences (as opposed to vaccinations), many are preventable with healthy life style (as opposed to medicine), many are curable with free remedies (from ginger to cloves, to resting or simply allowing your body to deal with the illness. Some illnesses do require allopathic (orthodox medical) cures because the body cannot always cure itself - however the pharmacy industry imposes the rules. Capitalism takes advantage of our curative, rather than preventative, approach towards health. Pharmacy is based on trial and error, and the vivisection of millions of animals to 'prove' results. Here Bristle examines some of the alternative therapies and medicines available today.

# Sick of the pharmacy industry

by MMantxo

## Influencing the media, the government, education and doctors.

The pharmacy industry like other industries strongly influences the media - for instance, the company Wyeth invited journalists from local papers from all over the world to the opening of its new Irish plant for manufacturing vaccinations, with all expenses included: flights (some from America, Asia and Australia), hotels, leisure, etc! The investment and the profit are worth it! However some medical publications have challenged the drug companies for distorting research results: In 2001, 13 medical associations exposed drug giants for bribing doctors. The drug multinationals' other major investment is lobbying - PhRMA (Pharmaceutical Research and Manufacturers of America), the organisation representing all the big American drug companies, has one of the biggest lobbying budgets in US industry. They also invest in university research - for researching what they want, in this way influencing the whole education system. In Europe direct publicity to consumers by drug companies is banned, while in the US this is a reality. However the companies feed doctors with their latest releases and sponsor them. Doctors need to update their knowledge and drug companies provide continued medical education (CME). At the end of the day most drugs are sold by doctors' prescription.

## The most profitable industry

The pharmacy industry is the most profitable of all - even more than banks and oil companies. In 2002 their total sales reached \$430 billion, 20% more than in the previous year. The top firms are Pfizer (US, over \$25 B sales), GlaxoSmithKline (UK, over \$25 B sales), Merck (USA, over \$20 B sales), AstraZeneca (UK, over \$15 B sales), Aventis (France, over \$15 B sales), Johnson and Johnson (USA, over \$15 B sales), Novartis (Switzerland, \$15 B sales), and Bristol-Myers Squibb (USA) - here you are: The Bristol connection! The former Nazi multinational Bayer has annual sales of \$28 B (but this may include pesticides too). Teva, based in Israel (!), has become the giant of generic medicines after buying out its major competition (like Adidas has done with Reebok), (24th July 2005) - estimated sales: \$8,000 million a year.

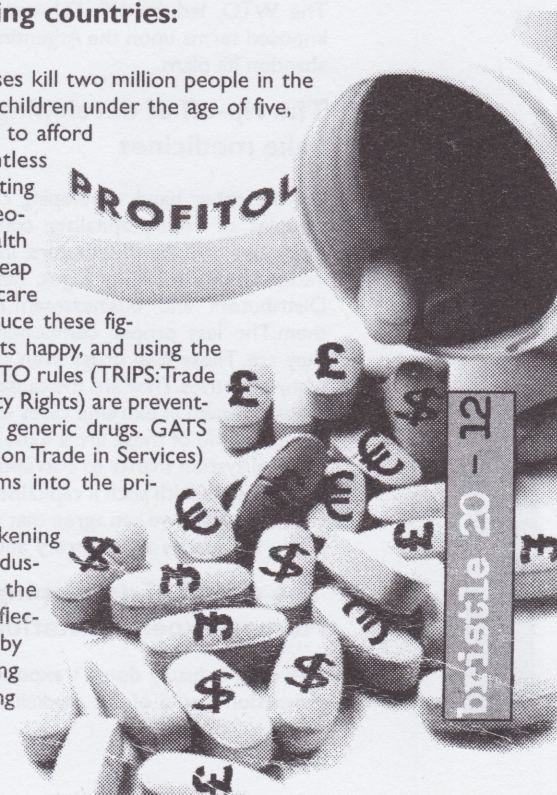
## Messing with your health

The history of western medicine is full of errors - fair enough if that was the only way or if other ways were unknown but in many cases this was due to ethnocentrism and profit making. Heroin was firstly introduced by BAYER as a cough medicine! Despite its known addictive effect, Bayer sold it, as it did not have side effects. Similar negligence is done by loads of companies. BAYER admitted ten years ago that it had knowledge, while selling it, of the bad effects of another anti-HIV product. This product was blamed for the infection of 50% of the haemophilic community! And last year BAYER was forced to withdraw its alleged anti-cholesterol product Baycol, which is alleged to have killed 100 people!

## Ripping off developing countries: Patents and AIDS

Every year infectious diseases kill two million people in the Third World; over half are children under the age of five, the vast majority too poor to afford proper healthcare. Countless millions more suffer debilitating illnesses, and two billion people lack access to basic health care. The availability of cheap drugs and better healthcare systems would help to reduce these figures. To keep the drug giants happy, and using the threat of trade sanctions, WTO rules (TRIPS: Trade-related Intellectual Property Rights) are preventing the availability of cheap generic drugs. GATS (WTO General Agreement on Trade in Services) will force healthcare systems into the private sector.

One of the most sickening facts regarding the drug industry is their exploitation of the Third World. This is just a reflection of capitalist control by the West, but more alarming in this case as we are talking





# HEALTH SPECIAL

about health and lives and because of the terrible health situations affecting developing countries. In this sense, we find a lack of research into illnesses only affecting the Third World such as malaria, tuberculosis, typanosimiasis, etc. Between 1975 and 1997 out of 1,223 new chemical entities only 13 (1%) were for treatment of tropical diseases. The reason is clear: Those treatments are not profitable.

The most sickening aspect is the prices demanded of the poorest populations on earth and industry's profiteering attitude by using patents. Patents are what copyright is for the media/music industry: protections not to reproduce a product invented by a company. Patents guarantee that others don't profit from one's discoveries, but also that companies can control the prices and ensure higher profits and enable appropriation of medical knowledge from other cultures and traditions lacking experience of patent law.

The majority of drugs required to combat the most damaging illnesses in Third world countries could be manufactured in those countries where the ingredients are cheaper. Instead of promoting research on drugs to cure illnesses affecting countries without financial resources, WTO and other financial institutions ensure that those countries respect patents and that they implement regulations to guarantee their respect through the use of TRIPS, the penal system for controlling patents.

HIV/Aids is one of the plagues most affected by the implementation of patents. 95% of AIDS sufferers live in the developing countries, two thirds of them (23 million or more by now) in Sub Saharan Africa. One in four Africans will die of it. From them, only 0.1% of them have access to treatment, as this costs more than £300 per month. At most, only 500 of 100,000 HIV/AIDS sufferers can afford medical treatment in India. HIV/AIDS patients in developing countries are forced to consume imported drugs at 1st World prices (with other expenses added to them such as transport, tariffs, etc.). (1)

One of the countries most severely affected by AIDS is South Africa. Trying to provide solutions, Mandela's government passed new legislation to make generic drugs available for those who couldn't afford it. One of the measures was to allow companies to produce medicine without respecting patents. The result was to be expected: A total of 40 drug corporations from USA and EU got together to take the South African government to court to force it to scrap those laws. The companies also threatened to impose trade sanctions against South Africa. What an irony! South Africa is too much of a great market for these vampires. (2)

The same thing occurred with Argentina, who tried to manufacture cheap drugs and had the infrastructure to do it. The WTO, led by US, EU and Switzerland, reacted and imposed terms upon the Argentina government forcing it to abandon its plans.

## The rip-off of developing countries: Fake medicines

On the other hand, developing countries suffer the lack of scruples of other capitalists: companies that produce fake medicines and the distributors. In many cases they have the infrastructure to falsify logos, designs and even holograms. Distributors and businessmen in other countries order them. The less proper components they have the cheaper they are. These fake drugs even enter the health services of many countries. They are the cause of many deaths as doctors are using them in extreme cases expecting an opposite effect. In India some of these firms exist with the compliance of the political system thanks to corruption and bribery. In a system when people with such a capitalist attitude of sickening greed reach this level, we can agree that regulations might be a solution – but just as a temporary and coercive measure.

## The rip-off of developing countries: Human experimentation

The drug industry doesn't experiment just with animals and vivisection. Some of the medicines used in developed coun-

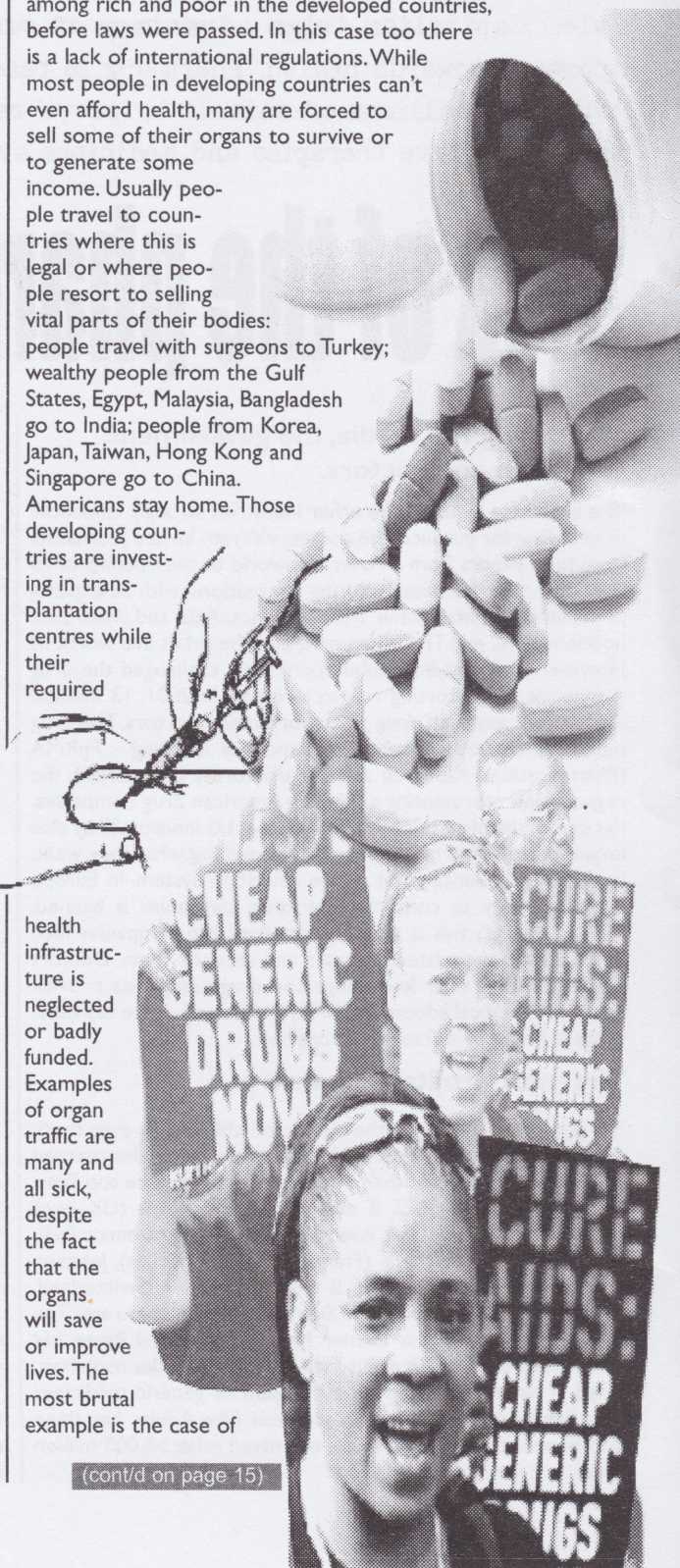
tries can be considered live tests. And many companies pay people in these countries to go through these tests. The Tuskegee experiments (Alabama, US) are a disgusting case within Western medicine. From 1932 to 1972, the U.S. Health Service conducted a syphilis experiment on 399 men from the most deprived section of society: Blacks. In the same way, companies are experimenting nowadays with AIDS in Africa.

## The rip-off of developing countries: Organ transplantation

Organ transplantation has been one of medicine's great developments (some of them quite polemical and mythical). However, it is also another issue bearing injustice as not all the organs come from deceased persons, but from people who are forced to sell them due to their financial situation. This is another case related to the financial differences between developed and developing countries, as it was among rich and poor in the developed countries, before laws were passed. In this case too there is a lack of international regulations. While most people in developing countries can't even afford health, many are forced to sell some of their organs to survive or to generate some income. Usually people travel to countries where this is legal or where people resort to selling vital parts of their bodies: people travel with surgeons to Turkey; wealthy people from the Gulf States, Egypt, Malaysia, Bangladesh go to India; people from Korea, Japan, Taiwan, Hong Kong and Singapore go to China. Americans stay home. Those developing countries are investing in transplantation centres while their required

health infrastructure is neglected or badly funded. Examples of organ traffic are many and all sick, despite the fact that the organs will save or improve lives. The most brutal example is the case of


(cont'd on page 15)





# STAY

## Sharp



# Western medicine and capitalism

## An homoeopathic approach

The fact is that with our Western diets deficient of real nutritional content our immune systems are now less able to defend ourselves and continued interfering with the bodily processes in a suppressive rather than supportive way is



# HEALTH SPECIAL

leading to more deep-seated diseases like ME, MS and so on. Sugar and saturated/hydrogenated fats – now shown to be addictive -found same chemicals to be released in brain after consumption as in someone addicted to heroin or alcohol. This has been capitalised on for a long time now by companies like McDonalds, Coca Cola, the whole food industry really. Refined carbohydrates as a whole, so not only sugar but also white flour have a rollercoaster effect on the blood sugar – first raising it drastically – giving lots of energy very fast, then lowering it drastically below the level needed because insulin is produced in excess. This effect leads to more desire of carbohydrate intake – this also leads to lack of important nutrients – they get used up by the digestive process and not enough nutrients to replace these are delivered by the food itself – getting fat while actually malnourished – body unable to function properly, to detox, get rid of unwanted/unnecessary substances – accumulate – obesity and disease

Cosmetics industry – use chemicals that cause more need for use of cosmetics – e.g. glycerine which draws out moisture from deeper skin layers, making the skin feel soft, but actually having taken the moisture away from the body rather than given it some nourishment

Soap takes away the natural protection layer of the skin causing a need for moisturising

Need to prevent things from getting broken and respect and look after what we've been given – same as with the environment

## Complementary therapies

Whereas Western medicine sees symptoms as something bad, complementary/alternative therapies see them as something good. Symptoms are the body's best efforts to stay healthy, keep any imbalance or weakness that exists contained and as far away from the vital functions/organs of the body as possible, keep toxins out of blood and so on. Symptoms are the body's best efforts to stay as well as possible under the circumstances, to preserve health and to prevent worse things from happening.

Our immune system learns through illness, becomes stronger when it overcomes illness by itself. This can be compared to when we manage to get through a difficult situation or crisis period and have dealt with the difficult issues rather

than avoided things. We then feel stronger for the future. When a similar situation arises we know how to deal with it and this is exactly the same for our bodies. With immunisations we take away that chance and by introducing toxins straight into our bloodstream rather than going through the normal channels we weaken our bodies.

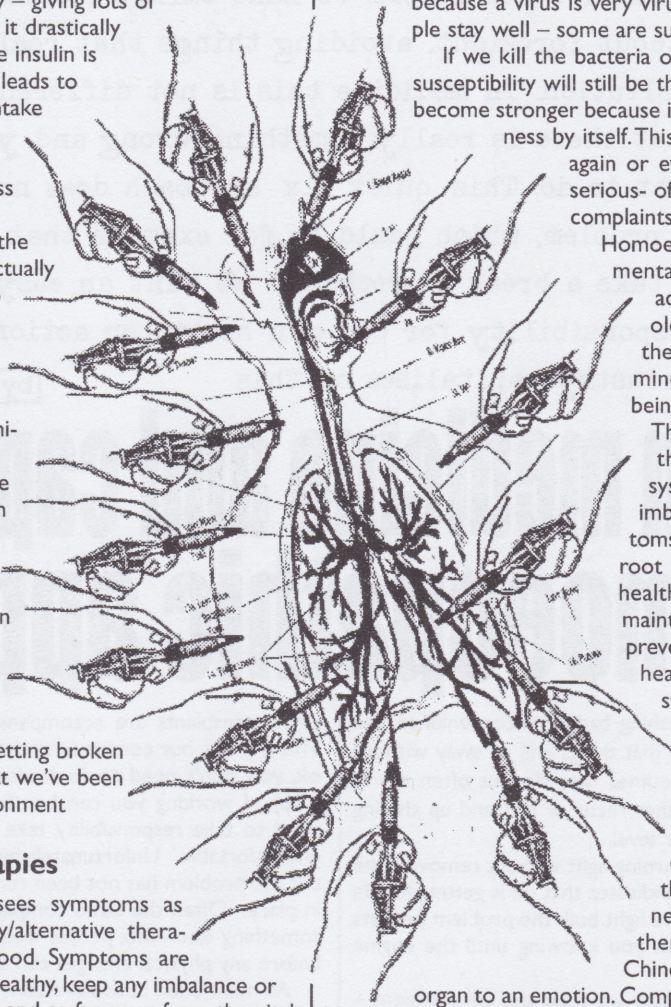
Bacteria and viruses can only thrive when favourable conditions for them exist. In epidemics a lot of people get ill because a virus is very virulent but still a lot of people stay well – some are susceptible, others are not.

If we kill the bacteria or virus that weakens our susceptibility will still be there and the body has not become stronger because it has not overcome the illness by itself. This means that we can get ill again or even with something more serious- often people have recurrent complaints.

Homoeopathy and other complementary therapies such as acupuncture, shiatsu, reflexology, kinesiology,... treat the person as a whole – mind/emotions and body being inseparably connected. They work by rebalancing the 'body-mind's' energy system which is where any imbalance that leads to symptoms starts. In this way the root cause is dealt with and health can be restored and maintained or even ill-health prevented. The person's own healing power is thus strengthened.

Disease symptoms on the physical level often reflect what is happening on the mental/emotional level. The function of disease is to bring things into our consciousness. If nothing changes there, disease will persist.

Chinese medicine relates each organ to an emotion. Complementary and alternative medicine aims to get people to a place where they will need less and less treatment. In homoeopathy for example remedies stimulate the body-mind's own healing power. A remedy acts as a catalyst for the own healing power that has become stuck. It then kicks in again and deals with the problem by itself and thereby gets stronger. Often only one tablet is given and then nothing for several weeks or even months. Periods between remedies become longer until they are no longer needed.



(from page 12)

Ciudad Juárez's women (as reported by *Bellow* magazine). In the last 10 years more than 300 women have disappeared in this Mexican city. People did not know what it is about. The first suspicion was pure misogyny, but this was not enough to explain it. These were organised deaths, by a very sophisticated network that included the police and the judiciary. Now the deaths seem to be linked with organ traffic. Ciudad Juárez is right on the border with Texas. A border separating rich from poor, opportunities from despair, life from death... U\$America... Texas...

## The rip-off: Drug dumping and gifts

Drug dumping, yet another abuse by multinationals in developing countries. Multinationals produced huge amounts of out-of-date or out of market medicines - in France alone every year there are 22,500 tons of pharmaceutical waste. In many cases some of those products are highly toxic and require

strict and expensive procedures for dumping. As with nuclear waste, drug waste is sold to developing countries to be dumped. The most shocking case is the use of crises and wars to get rid of that surplus, like happened during the Kosovo war where the donated medicines were 50% unusable. We are talking of 50 % of a total of over 30,000 metric tons!

### See also:

Coalition Against Bayer: [www.cbgnetwork.org](http://www.cbgnetwork.org)  
Corporate watch (Pharmacy): [www.corporatewatch.org/?lid=315](http://www.corporatewatch.org/?lid=315)  
Third World Resurgence No 120-121  
Schnews No 290 'Dying for profit'  
Figures from 2002. Source: New Internationalist No 362 (2003) 'Big Pharma'  
The International Organ Traffic By David J. Rothman (Columbia University)



"You're wasting your money. None of these remedies have been scientifically proven. This Iscador comes from misoltoe? That's a plant for goodness sake." The nurse glared at me. I remember THAT conversation with some degree of amusement because several weeks later I was to discover that Paxlitaxcil the chemotherapy drug I was taking, actually came from the Pacific yew tree. According to the statistics I was an unlikely candidate for breast cancer. I was too young, I had been vegan for twelve years, breast fed both my children for over a year - in fact I was breast feeding my baby when I found the tumor. My alcohol consumption was low, I didn't smoke anymore, I ate organic food. To add insult to injury I had sat up trees, blocked roads and occupied offices complaining about one of the main causes of cancer - environmental pollution.

Anon

# COPING WITH CANCER

## THE EXPERIENCE OF AN ACTIVIST

Every alternative practitioner I saw told me to stop eating dairy products and then nearly fell off their respective chairs when I told them I hadn't eaten cow things for 15 years. It was my GP who suggested that if I hadn't been vegan I could have developed the breast cancer at a much earlier age. My lifestyle and eating habits could also have stopped it spreading.

I had decided to go for a mastectomy and chemotherapy quite simply because it offered me the best chance of survival. In the early days of my diagnosis I had become obsessed with the statistics. How many women survived after choice A,B,C. Dying was not on my agenda but I was also clear that I needed more than just drugs and operations to ensure I remained cancer free for the future.

Almost immediately after the operations I made an appointment with Rosie Daniels, the famous holistic doctor. "I think you've seen the back of this disease," she said in a confident voice. I remember sitting up straight in the chair. This was the first health professional I had spoken to who was being positive. She suggested a strict regime of yoga, visualisation, meditation and immune stimulants.

As someone who was faced with a life threatening illness I was in a vulnerable position. If someone told me cartwheeling around the street was a useful precaution against the breast cancer coming back, I would have done that too. But I also credit myself with some intelligence. As time went on I weighed up the options, looked at the evidence and most importantly followed my heart.

I don't feel qualified to talk about using alternative treatments for cancer but I do know from talking to survivors of terminal cancer that there are some phenomenal success stories out there. People have literally willed themselves free of the illness. (These individuals have refused surgery, chemotherapy, radium and other drug based therapies) My own experience is one of seeing cancer as a state that needed to be looked at from many different angles. To achieve this I sought out both the medical profession and complimentary therapists. I was somewhat surprised at the conflict my decisions caused. I was mildly but frequently criticised. I wanted and needed individuals to respect the decisions I had made whether or not they personally agreed with them.

From the beginning I was taken seriously by my GP. I have since found out that some breast feeding mothers were told to return to see their G P's when they had finished feeding. It had

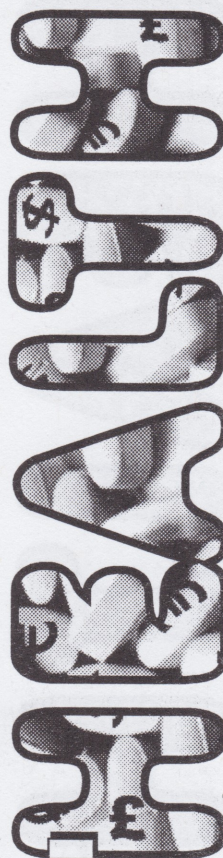
been wrongly assumed that the tumors were milk lumps. Within weeks I was referred to a consultant. Days later I was in hospital for an operation. The care and attention I received were second to none. I underwent six months of aggressive chemotherapy and volunteered for two separate trials to test out new cancer drugs. I am still currently receiving treatment every three weeks.

On the complimentary side I have received several homeopathic remedies, herbal remedies and acupuncture, shiatsu, healing and aromatherapy. The last three of these therapies are available from the Bristol Cancer Center based in Clifton. The weekly reassurance, care and support I get from attending the Bristol Cancer Center has made a huge personal difference to my quality of life over the last year. We are also incredibly lucky in Bristol to have the NHS Homeopathic Hospital. Dr Thompson who is based there is a real gem and has oodles of experience working with individuals who have and are recovering from cancer.

The NHS tends to look on my diagnosis of cancer as a stroke of bad luck. A handful of the complementary therapists not specifically trained to deal with cancer survivors have tried to tell me it was my 'fault' I became ill. "You've worked too hard at being a mother, an activist, a worker. You've been too stressed out. You haven't looked after yourself. You needed a wake up call." (not very helpful when your riddled with guilt anyway!) and personally I don't like being judged. I have stopped searching for the reason why I became ill and have decided to focus instead on staying well.

I have often stated that the NHS looked after my physical well being, the complementary therapies took care of my spiritual side, while my partner, children, family and friends looked after the emotional side. All three areas are of equal importance in this journey back to health.

As someone who is recovering from breast cancer I would be lying if I said I am not interested in all the new wonder drugs being developed. Clearly the animal testing issue weighs heavily on my mind and I find it impossible to square the circle. Life is full of uncomfortable compromises, twists and turns. As an activist I am angry about why so much emphasis is placed on curing cancer and very little time and energy is being spent on ensuring that people stop developing it in the first place. I of course know the answer to this question. The truth is not only uncomfortable, it's unacceptable!



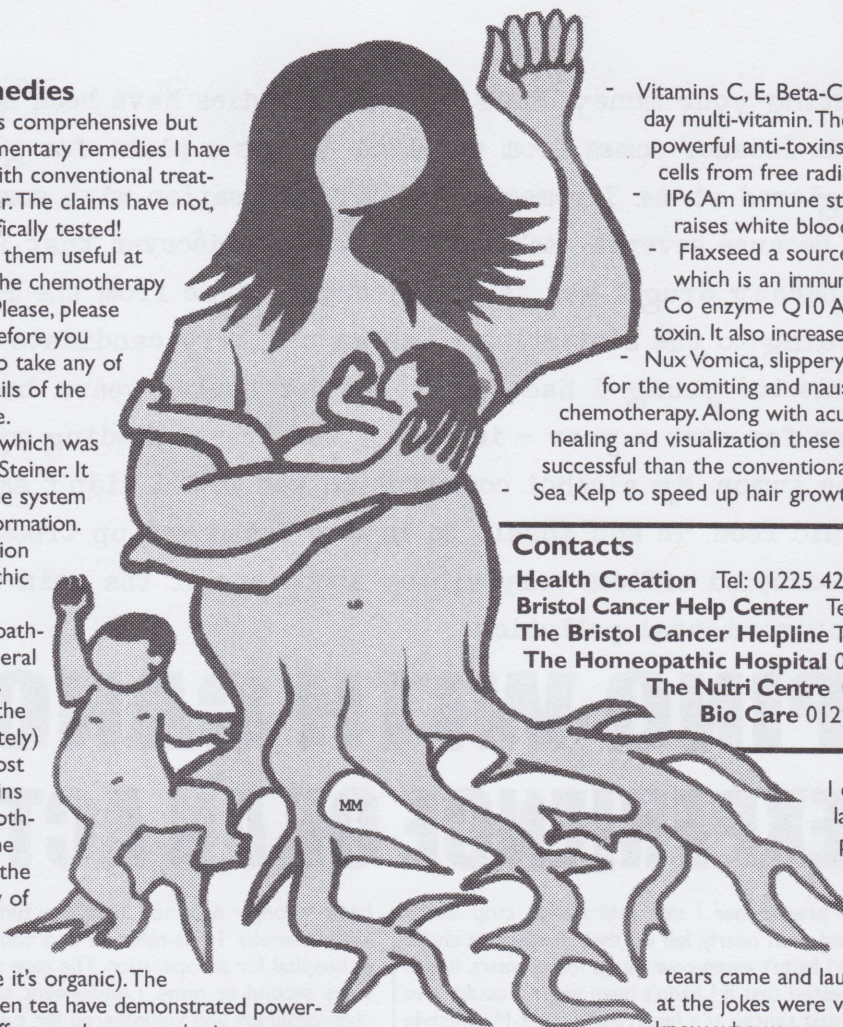
Special



## Alternative Remedies

This list is by no means comprehensive but below are the complementary remedies I have used in combination with conventional treatments for breast cancer. The claims have not, of course, been scientifically tested! However, I found all of them useful at different times during the chemotherapy and while recovering. Please, please see a holistic doctor before you embark on a mission to take any of the below and for details of the doses you need to take.

- Iscador or Mistletoe which was developed by Rudolf Steiner. It stimulates the immune system and inhibits tumour formation. Available on prescription from the Homeopathic Hospital.
- Lac Lanium a homeopathic remedy for my general health and well being.
- Mushrooms (no not the magic kind unfortunately) in a remedy called Host Defense which contains Maitake, Shitake and others. Compounds in the mushrooms increase the tumor fighting activity of cells and improve antibody responses.
- Green Tea (make sure it's organic). The catechins found in green tea have demonstrated powerful anti-carcinogenic effects and support the immune system.



- Vitamins C, E, Beta-Carotene, One a day multi-vitamin. These contain powerful anti-toxins that protect cells from free radicals!
- IP6 Am immune stimulant which raises white blood cell numbers
- Flaxseed a source of omega 3 which is an immune stimulant.
- Co enzyme Q10 Another anti-toxin. It also increases energy level.
- Nux Vomica, slippery elm and ginger for the vomiting and nausea during the chemotherapy. Along with acupuncture, healing and visualization these proved more successful than the conventional remedies.
- Sea Kelp to speed up hair growth.

## Contacts

**Health Creation** Tel: 01225 423 333  
**Bristol Cancer Help Center** Tel: 0117 9809500  
**The Bristol Cancer Helpline** Tel: 0845 1232310  
**The Homeopathic Hospital** 0117 973 1231  
**The Nutri Centre** 0207 637 8436  
**Bio Care** 0121 433 3727

I cried and laughed in equal proportions last year, friends who held me when the tears came and laughed with me at the jokes were very special. You know who you are. Thank you.

## Bristol Cancer Centre: Psychoneuroimmunology in the UK! by Steve

Most of us will know someone who has suffered from the trauma of a cancer diagnosis. When Penny Brohn was diagnosed with a carcinoma in her breast in 1979, in addition to suffering and angst, a further part of her response was to dare to hope that she would live to bring into being a radical new project. She wrote: 'I whimpered to Pat [Pilkington] that if I survived long enough I would put all my wit and wisdom into starting a holistic centre for the treatment of cancer in Bristol' (Penny Brohn, The Bristol Programme, 1987). Penny did survive – for a further twenty years after her initial diagnosis. At the time it was predicted that she had only months to live. And so, together with her friend Pat Pilkington, Penny created the Bristol Cancer Centre in 1980. Today the Bristol Cancer Centre is at Grove House, Clifton where it moved in 1983.

I first came across BCC when Clare Benjamin gave a lecture at the Bristol Vegan Festival last year. Nutrition at the BCC is mostly based on a raw food, vegan diet. More widely, the inspiring ethos behind the Bristol Programme is self-empowerment whereby the patient contributes to his or her own healing process which is done by the patient not just to the patient. It is based on a holistic and non-prescriptive approach to health care, known as psychoneuroimmunology, that is complementary to orthodox medicine. Believing that surgery and chemotherapy is only one aspect of treatment, the BCC promotes a range of complementary treatments on the premise that if both body and soul are healthy, the patient will be able to build up resistance and be less susceptible to cancer and other illnesses.

It is estimated that in Britain 40% of us will have a cancer diagnosis at some time during our lives (which a hundred years of vivisection and medical research have failed to cure), although today we are also more likely to know people who have pulled through. Personally I think we could make a lot more improvements with preventive medicine, improved diet,

healthier less stressed lifestyles, more exercise and less toxins in the environment. At the same time of course humans are composed of protoplasm that has a finite life. Unless we are to become like the Greek God Tithonus who aged forever and yearned for death, the best we can do is to develop the structures that offer solutions to living and dying with support and dignity that the National Health Service cannot achieve.

Popular mythology, when it is not demonising anarchy often dismisses anarchy as too utopian and something that exists somehow on another dimension, something that doesn't engage effectively with the harsh realities of life... or death. Pragmatic anarchists then are quick to point out that many aspects of present society are already organized and function on similar lines. The constant labelling of anarchy as disorder stops us from recognizing a different kind of order. Anarchist writers like Colin Ward, therefore have done their best to show instances of how practical everyday associations and know-how already around us give us clues – and evidence – that society as a whole could be organized more efficiently and more happily. Voluntary associations such as the Royal National Lifeboat Institute demonstrate that crews are willing to risk their lives for others on a voluntary basis; the international postal services co-operate to transcend the artificial frontiers of states. The approach of the Bristol Cancer Centre is just one such. Since its beginning BCC has had a strong voluntary ethos and, while staff receive a living wage for the work they contribute, it is still the case that no one is turned away due to lack of funds. Care is put before profit. There is also a belief that the isolation that cancer patients feel should be challenged by sharing experiences in groups and that support for close family and friends is a necessary part of the overall treatment. Happy Birthday Bristol Cancer Centre!

**Bristol Cancer Help Centre**, Grove House  
 Cornwallis Grove, Bristol BS8 4PG



# Vaccinations: Wake up call

I am always surprised when I hear people talking about vaccination decisions. There are two reasons for this. Firstly, because the decision for most people is whether to permit their children to have the MMR (measles, mumps and rubella) or not - I think people should question the use of all vaccines. Secondly, the assumption that vaccinations stop disease.

When your child is born you feel a huge emotion, love, but unlike a love you've ever felt before. You would do anything for that little creature. Then you are offered, sometimes quite forcefully, and in middle of your beautiful 'babymoon', the chance to 'save' your child from disease. The price for salvation, you are told, is that the child will cry for a while, and rarely, very rarely risk something more severe.

I knew I had to make the choice sometime. During a month before and two months after my son's birth I did the most painstaking research of my life. As you can imagine, this added to an already hectic time preparing for the birth and looking after a new child. I scoured information from government bodies, pro-vaccine campaigners, anti-vaccine campaigners, researchers, doctors and pharmaceutical companies. At times I felt so bogged down and so confused, but the final result was clear. There was just no way I was giving my child any of the currently available vaccinations.

This article is an overview to a series of articles which will cover a variety of facets of the vaccination debate.

**What they are made of:** Mercury has recently been dropped from for 8, 12, and 16 week vaccinations but the health authorities say it is not because it is unsafe. Do we really buy that? Vaccination ingredients still in circulation are made with chicken embryos, mouse brains, monkey brains, monkey kidneys, and various slaughterhouse leftovers, such as cartilage skin and bones of calves (think BSE).

**Side Effects:** Anyone who has read the leaflets accompanying vaccines would say they are often harmful to us. It's doctors and politicians who have the job of promotion. If there

are side effects of the vaccines, can we ever really know? Why has the whole cell pertussis (whooping cough) vaccine been re-introduced, though only 16 years ago it was replaced with acellular pertussis, because of concerns it was causing brain damage in 1 in 2000 children?

**How they are promoted:** Promoters of vaccination have no obligation to give us the whole picture. They are funded by huge pharmaceutical companies. GPs get around £2,580 if they manage to inject 90% of their patients. A bonus for the doctors, but what about the patients?

**How well they protect us from disease:** There is little causative evidence that vaccines protect us from real world. There is considerable evidence that vaccines have caused disease epidemics, from 6000 cases in the small pox epidemic in Sheffield, 1887 to US polio epidemics of the 1950s and beyond to present-day third world outbreaks. Why do we still vaccinate for diseases we have no chance of getting?

**How they are researched:** Why can't we get access to the research reports which certify our vaccines safe? For the research that we can get hold of, does it show that the vaccine are effective and safe for our children?

**People's perception of them:** Many people accept the colds, swelling and irritability caused by vaccines as a necessary evil associated with disease protection. Should we be so complacent about these effects? These symptoms could indicate long-term damage to the immune system, to the brains and bodies of our children, though research is scarce.

If you do decide not to vaccinate, remember that if our children are fed well and loved, they are strong. Even when disease bites and fever claws, when noses run and spots itch, we have huge reserves of strength; 200 million years of evolution can't be wrong. Have faith in your child's immune system. To damage ourselves without regard, based on misinformation and half-baked research is a tragedy. I hope that in the future we will look back on this cultural blindness and see how wrong we were, how much damage we did, and start to make amends. The pharmaceutical companies are selling us false hope. Let's not buy it.

by Ben Green

by Barry Cade



## TAIJI AND RADICAL CHANGE

It's difficult to know where to begin any attempt to summarise the Chinese art of taiji and all the benefits it can give. Meditation, spiritual teaching, self healing and self defence - it is all of these and more.

**Taiji for health:** The practice of taiji promotes health through learning about internal balance and relaxation, and restoring a natural flow of qi, or life energy, through the body. This strengthens our organs and immune system to fight off illness and disease. Capitalist industrial society, with its polluted cities, contaminated foods, excessive consumption and stressful lives depletes our energy and damages both our physical and mental health on a daily basis. Of course, we need to struggle for total change and a new world that leaves all this behind, but in the meantime we must learn to look after ourselves and to take responsibility for our own health. Because the state certainly will not. For me, at least, Taiji is about self empowerment; not relying on experts for our wellbeing, and fits well with anarchist ideas about taking back control of our lives, here and now. And sustaining ourselves means being able to carry on in struggle.

**Taiji fighting:** The art of taiji has been much misunderstood and derided, largely resulting from years of new age rubbish posing as the real thing. But far from being easily dismissed as middle-class hippy nonsense, real taiji is also an extremely powerful martial art. Taijiquan translates as "Supreme ultimate boxing". Taiji self defence methods teach, and rely upon, relaxation, perfect balance, timing and co-ordination, as well as vital point striking and "reflex violence". Fundamental principles are using minimum effort for maximum gain, and defeating a bigger, stronger attacker by using their own force against them. This could have implications for fighting the system! Violence is everywhere in society; muggers, drunk thugs, cops... We need to know how to effectively defend ourselves.

**Revolution inside:** "The system" has got inside us all - we reproduce it everyday. Even anarchists are not immune to years of societal programming. It's there in the way we relate to each other (often competing, controlling, or talking over each other). If we are serious about creating fundamental change in society, our lives need to be a reflection of the world we want to see. For many, it's hard to accept that the political and the spiritual are interdependent, and the revolution starts with us. It must be inside and outside. Taiji is about internal, spiritual learning which will have positive effects on our relations with others. Training develops calmness, awareness and sensitivity which are essential for treating people as equals with respect and understanding. We make the road by walking it...

spezial



# HEALTHY SPECIAL

It is now commonly recognised that Britain is not a particularly healthy or happy place. Despite ongoing groundbreaking science, and access to new technologies and cheap consumer goods, the future of our physical and mental well-being is not a rosy one. Statistics which should shock us are instead taken for granted. Around one in five adults are obese, setting a worrying example for the adults of tomorrow. The prevalence of obesity in children has steadily increased over the past two or three decades, leading many in the medical professions to talk of an epidemic. The links between obesity and heart disease, diabetes and some cancers are now well-established, which points to a problematic future.

Statistics on the nation's mental health should also alarm us. According to the Mental Health Foundation, one in four people will experience some kind of mental health problem in the course of a year; one in six people will have depression at some point in their life, and 1 in 10 people are likely to have a 'disabling anxiety disorder' at some stage.

Central to reversing both of these trends is the need for children and adults to take regular, moderate exercise. This is recognised by countless studies and reports, including those undertaken by the NHS. The targets (60 minutes daily for children, 30 minutes, five days a week for adults) seem easily attainable, especially since walking is highlighted as a key activity by the British Medical Association.

## Loss of Informal Recreation

However, if we are to be able to meet these targets and turn our lifestyles around, one thing is fundamental: access to open spaces. It is here that national and local government policy seems completely at odds with their own recommendations for healthy living. All over the country, public space is being privatised and 'developed', thereby reducing the accessibility and the quality of our leisure time. As another green space is fenced off and built upon, and another gym opens in the centre of town, increasing numbers of people are excluded from beneficial physical activity by their lack of money, time or mobility. A thirty or



sixty minute walk becomes far less attractive when you have to pay to do it indoors, on a machine. It is similarly unat-

# Health

tractive for those who cannot, or do not want to pay to take exercise. For many people in built-up areas this means a walk alongside a busy, polluted road, with the various health risks that entails. This is born out by the statistics, which tell us that children living in inner-city areas are more prone to obesity. Free, open, green spaces are vital to the health of the community. Such spaces allow simple, informal recreation with no need for money, equipment or exceptional ability. They provide a means of escape from the pace of everyday

# and



living, as well as fresh air and natural light. Furthermore they can be central to the social habits of individuals and communities. Interestingly, these issues were recognised in a 2002 report commissioned by the Office of the Deputy Prime Minister, which concluded:

"The research has shown that urban green spaces can act as catalysts for wider community initiatives in ways that no other public facility seems able to achieve in similar circumstances. Again and again, people involved in these initiatives said that if it wasn't for the park (or other green space) nothing would have happened. This social, community and economic role goes well beyond the normal, somewhat blinkered view of the contribution of urban green space to the future of our cities."

While researching a recent documentary about the development of Packers Field in Whitehall, it was a shock to discover the rate at which green space in Bristol is being lost. Just from our experience of amateur football in Bristol we were able to identify over ten public facilities lost to private development (housing, commercial premises, sport centres) over the last 15 years. A closer look shows this trend to be city-wide, with numerous 'development' projects completed and in the pipeline.



## The Battle of Packers Field

Packers Field is a clear example of this trend - see Bristle 19, page 8, for a full report on this community battle. Freely used by locals for recreation over the last 50 years, it is an invaluable resource. In this space children have played, football teams formed and friendships forged. It is now earmarked for private development, having been leased by Bristol City Council to the City Academy - a school in nearby St George built and run by private, commercial interests. Plans for the field include eight-foot perimeter fencing, surveillance, car-parking, changing rooms and refurbished sports pitches for hire. Although the Academy insist that there will be community access

high however, which is unsurprising given the financial interests held by potential developers. The Packers campaigners had to represent themselves during the five-day hearing, while the council and Academy called upon a team of top legal professionals to oppose them. In addition, Easton councillor Robin Moss was serving on the Academy, whose children in turn were being told to write pro-development letters for a class project! Democracy, don't you just love it?

## Sell off sell out reap in

Ray Priest tells us that we need to get used to it. The Government plans 200 Academies to 'revolutionise' educa-

# Open Spaces

for informal recreation, this is contradicted by school principal Ray Priest's claims that it will be illegal to allow people to use it for free. This inconsistency has been shown up still further by plans to develop a 500-seater athletics facility on the site, complete with its own parking, floodlights and changing facilities. It is clear that there what little space is left over will not be suitable for informal community use, even if some access were to be granted. The

tion. Along with this will come yet more commercial development of public space to help pay the bills. If you do not have elite ability (or elite finances), get ready to be excluded from what has always been yours. The council has also recently given their approval to the Playing Pitch Strategy. This is ostensibly a plan to manage and maintain Bristol's remaining sports pitches, but it doesn't take much detective work to see the hidden agenda of more sell-offs and development. The plan is for all of Bristol's schools to utilize one of six sports 'hubs' in the cities, rather than the hundreds of smaller, localized pitches currently in use by schools and local people. A recent press release from Bristol City Council contained the following:

"The city's first Playing Pitch Strategy...will be achieved through:

- Money generated from section 106 planning agreements on housing developments of 10 or more homes...
- The use of Private Finance Initiative.
- The sale of some surplus sites"

( July 20th, 2005)

One of the main conclusions to these developments has to be that no one is guaranteed free, open space in their locality to maintain even a simple healthy lifestyle. In this climate of government strategies and done deals, it will pay to be prepared. Take an interest in your local environment, don't take it for granted. Don't wait for the developers to arrive before you act - a town green can be registered regardless of future plans. And more than simply protecting a public space, Town Green status opens up many possibilities for community decision-making and self-management. The Open Spaces Society is\* a good place to begin (<http://www.oss.org.uk/>). The fight to save Packers Field is not over yet, and support for the campaign is welcomed. Please phone Sandra on this is the contact number for Sandra, who runs the Packers campaign: 07812 734554.

For a copy of "Infinite Space: the battle for Packers Field", please contact [spaceinvaderfilms@hotmail.com](mailto:spaceinvaderfilms@hotmail.com)



development plans and 'consultation' carried out by the Academy and the council has enraged local residents. Without consent they are expected to give up the open space which has helped sustain their community for generations. The council's suggested alternatives for local recreation are nothing less than insulting, including tiny green spaces, a cemetery and a cycle path, not to mention hazardous journeys for children and the elderly to reach them. The community has not taken things lying down. Earlier this year an application was submitted to register Packers Field as a Town Green. This is a route favoured by similar campaigns across the country, with around 70 applications being made each year. The success rate is not





# TREATING BOATERS LIKE FLOATERS

Bristle are big fans of giving the underdog a voice. For this Bath Special we investigate not so much the ups but the downs of canal boat life. The individual approached wanted to be known under another name, so we affectionately refer to this person as Brenda. All the people we approached were helpful, as many a Bristle cover has made wonderful roach material. Did they read it? Hell no.

**Bristle:** One of the largest navigation authorities in the UK besides the Environmental Agency is British Waterways (BWW). There are certain ground rules which people have to abide by when owning a boat. What are they? And how are they being used or mis-used?

**Brenda:** The boats you see when you are out walking fall into a few broad categories. The most obvious are those who have a licence and those that don't. The ones that don't kind of fall through the net. When you want to keep a boat on a canal or river controlled by BWW, you should get one of two kinds of permit; to have your boat based at a mooring or to 'continually cruise'. This means playing a game with BWW. Their rules are that we have to move from parish to parish every fortnight and not spend any longer than that in one place. So this is what most of us do, shuttle from place to place whilst staying in broadly the same area. This was not a problem at first but over the last few years loads of people have decided to

castigated by 'citizens' about how irresponsible they were to bring a child up like that. Obviously parenting is possible on a narrowboat, we have done well so far but we're also vegan and most people don't get that either.

**Bristle:** Within all communities, whether in a street or not, there will always be anti-social pockets of behaviour. Traveller sites, for example, were renowned for being tolerant of victims of mainstream society. Unfortunately such goodwill was abused by the state and the media, all travellers were considered as antisocial, in order to destroy their culture. Do you recognise this card being played with the boat people community?

**Brenda:** The problems that the boaters are having with BWW are mostly down to a small minority of boat owners that couldn't give a shit if they fuck things up for everyone else. They are the ones that stay endlessly on prominent visitor moorings, do not license their boats, have dogs/motorbikes/piles of rubbish on the towpath and are obviously off their heads all the time. Excuse me if I get on my high horse, but all scenes rely on a bit of give and take, an understanding between the interested parties. I don't want to tell anyone how to use or waste their lives, but when people are pissing on my doorstep and making everyone think that we are all scum, then I deserve the right to object.

**Bristle:** What is the relationship like between the boat people and BWW at present?

**Brenda:** BWW would really much rather only retired people and holiday makers used the canals. To them we are a pain in the arse. They don't really know how to deal with the boaters and so they try to intimidate and overstep their statutory powers to get rid of liveaboards. But they are actually bound to work within the parameters of the Human Rights Act 1998 and cannot in fact deprive anybody of their home unless proven in a court of law. That is very much to be continued, but in the mean time BWW will continue to abuse its powers and to prey on the vulnerable, making people homeless. They are blinkered, ignorant fascists of the same kind that unthinkingly staffed the Third Reich.

Since this interview Bristle has been keeping its ear to the ground (or should we say water?). BWW has been up to its usual tricks, putting fear into people's lives. News has it that in the new year continual cruising licences will be going up three fold from an average of £500 to £1500 per year. Let's break them financially, that will get rid of them, they're probably thinking. Now, this is the funny bit, their reasoning. According to BWW, continual cruising causes damage to its waterways. Hmmm...so it's not the piles of pissed lads with L-plates, bouncing off the banks on hire boats they so eagerly promote? Err, you work it out - fffffff.



become boaties, so the canal has become a overcrowded in places. This is when the problems start for BWW. The places the liveaboards want to stop are the same places that the tourists want to stop. Tourists = money. You do the maths. BWW do not see themselves as a social institution dedicated to providing cheap housing for people, but a money-making business.

**Bristle:** How do people view you?

**Brenda:** Living on a boat is a way of setting yourself apart from the rest of society with all their bullshit rules and responsibilities. Nah, it's a cheap way of living and feeling a little bit alternative. We all like to think of ourselves as different but it's a question of perception. Most people live inside so anything else seems weird. A friend of mine whilst bringing his boat on a long voyage was joined by a lady with a child and they were repeatedly



# Bath activists speak out for healthier transport

**T**hirty cyclists blockaded the Guildhall in May as part of an ongoing campaign to increase support for cycling as a healthy and environmentally friendly transport option. Bath and North East Somerset Council continue to pour money into the massive white elephant that is the Bath Spa project, provoking fury from local council tax payers and hoots of laughter from everyone outside the city. Cycling is a far more cheap and effective means to promote a healthy lifestyle. The Bath Cyclist Campaign is still cruising in top-gear following the successful campaign to persuade Wessex Trains to cease their ban on bikes on trains during peak periods. The train company backed down after the issue was highlighted when cyclists took direct action - boarding Wessex trains en masse with ironing boards!



Meanwhile their cheeky cousins enthusiastically participated in the city's first World Naked Cycle Day hosted by Walcot's own Wheel Thing. This event was a protest against oil dependency as well as a delightful opportunity to get naked and fit while spinning past splendid Georgian architecture.

**Ffi from Jesse at 0781 458 7361**

# Bath Veggies bite chunk out of McDonalds

**M**cDonalds are getting better are they? 'Healthy' salads, (barely) improved staff wages, recyclable packaging, and let's not forget the new jingle. So does this mean they're okay, now? Or maybe... maybe we got 'em on the run! On the 18th June, Bath Animal Action and friends took to the streets once more, to keep up the pressure. Southgate Street McDamage management seemed all too

chuffed to see the 30 or activists surreptitiously gather up, and before you know it, you couldn't move for banners, leaflets, chalk slogans, clowns and vegan cookies! Police turned up and promptly left again, stopping only to wish us a cheerful 'See you in Gleneagles'. It seems the franchise's new ineffectual tactic against protest is to press gang some poor sod McWorker to distribute balloons to kiddies, with little success. People really are rallying to this cause: several local kids very vocally denounced the fast food shithole, and began helping out with the leaflets. The company's profits are crashing now, and all their new image gimmicks do nothing to muffle the sweet sound of corporate death throws. Kindest thing to do is finish 'em off.

# Real Food for Real People

**A**hhh, England: this green and pleasant land. Anyone remember that place? Coz I sure don't. Fact is, a growing number of people are only ever going to remember a sprawling metropolis of billboards, motorways and out-of-town shopping, before long; interspersed with little token gestures of field and tree. So who's to blame? Could it be the rapid rise of the 'Big Four' supermarkets, refrigeration and cheap imports, spreading oh-so-subtly ever since the 50s?

Whatever the symptoms - dead and buried communities, boarded up local shops, bland and generic food, declining health, agribusiness monopolies, contamination from GM, monoculture farms, disappeared biodiversity, road expansion, increased car use... all these have strong links with those good old supermarkets, and the tired consumerism that they helped spawn. Three quarters of all food trade in the UK goes to these bastards, and for what? 'Better value'? 'Convenience'? Read: environmental clean-ups, tax subsidy crutches, loss of jobs and choice, spiralling health care costs...

So what can we do to reclaim our right to real food and real life? For starters, you can grow your own organic food - cut out the middle man and empower yourself, in one fell swoop! Or you could join a food co-op: there are a couple of co-ops in Bath, including the Southside Food Co-op in Twerton, and the London Road Food Co-op as well as the long established Harvest Wholefoods. At London Road, we club together with collective bargaining to get decent, healthy organic fruit and seasonal veg, at the sort of prices that we all can afford - seizing organic from its stereotype of middle-class, semi-detached snobbery. Wherever possible, we source from local producers (JP, Funny Farm, Hobbs House), cutting down on food miles, and also stock Fairtrade, organic and veggie/vegan dried foods at cost price, to boot. Some members trade in their own home-made and home-grown foods. Non-profit, non-hierarchical, volunteer-run co-operatives such as these allow us to grab back yet another chunk of control in our lives and diets, strengthening the community ties that capitalism is all too happy to shed.

Ffi: 07837 784715 [www.organico-op.org](http://www.organico-op.org)

Always glad for new members and anyone that can help out!

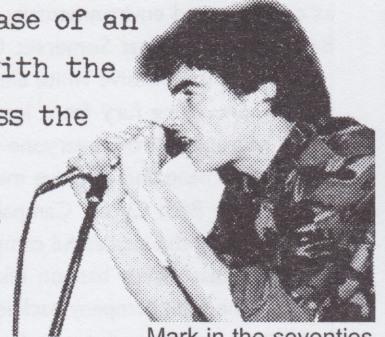


# MARK STEWART

## THE RETURN OF A BRISTOL REBEL

Mark Stewart was back in Bristol to play the Venn Festival at the Malcolm X Centre (3rd June). It was a long time since Mark played Bristol, but he fulfilled all expectations. This coincided with the release of an anthology of some of his songs, from his Bristol days with the Pop Group to his latest solo career with the Maffia, "Kiss the Future" (SOUL JAZZ). Mark agreed to be interviewed by bristle - three hours non-stop talk of politics, culture, sociology and history. Too much to fit in here, as we also want to deal with Mark's legacy to anti-capitalist culture and to Bristol.

by Clandestino



Mark in the seventies with the Pop Group

Many in Bristol will be unaware of the influence the Pop Group had on 'political music'. For new generations, Mark & the Pop Group are from a previous era. However, he has been included in every single treatise on the 'Bristol Sound'. Not because he belongs to the same time, nor for practising a similar music style to those who branded the trend. Unlike most other BS artists and bands, Mark Stewart has been an uncompromising voice against the system. He has been the most relevant and respected artist to come from Bristol, and an inspiration to the Bristol Sound (Massive Attack, Tricky), and the likes of Fun'da'mental, Meat Beat Manifesto, Atari Teenage Riot, Nick Cave, Chemical Brothers, etc.

After nearly 30 years (!!!) we can see that Mark Stewart continues as lucid, sharp and conscious as in the days of the Pop

Group, perhaps even more so. He has not produced much recently, but he continues making music (he was visiting someone in Bristol to edit hours of music - or whatever he wants to call it). In recent years he has focused on his strength, song writing, for himself and for others such as Primal Scream and Asian Dub Foundation.

Mark explained how all started: "we used to listen to funk music, gathered in clubs where this music was played. We wore fifties clothes. Clothes were very important for our identity. All of a sudden these guys were on all the front pages of mags wearing the same style."

They were the Sex Pistols. Punk had started, but we listened to funk. Punk inspired us to play it too, it showed that everyone could do it. We played funk, but because we did not have a music education we plaid it our way. Now, years later, you find out that you had created a style!" Mark started with the Pop Group aged 17 in Bristol in 1977.

Mark excitedly took a bundle of bristle back copies, keen on anarchist information and DIY culture! Not living in Bristol for years, he'd not heard of bristle, but we'll let him off on that as he was well impressed with it. "I thought it was the fifties dictionary of Bristolian 'dialect'. In our times there were fanzines - people produced 30 or 50 copies...nothing like this."

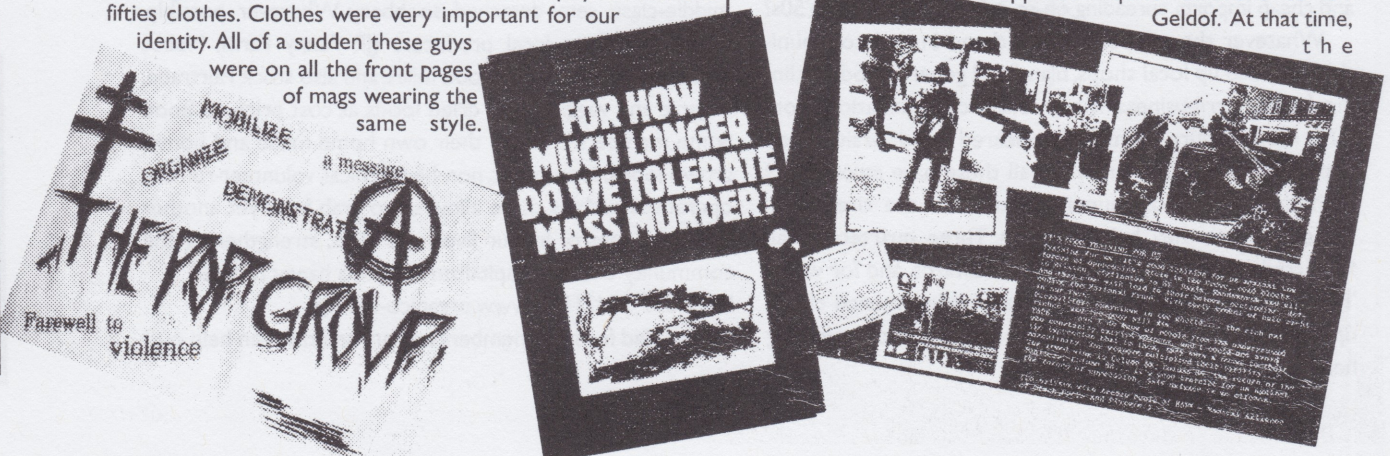
Mark was full of information, curious about politics everywhere, about autonomist and situationists; about the most obscure projects (including this) and experience; and questioning everything starting with himself, accepting contradictions. Mark has a certain sense of humour and a tendency to provoke you by jokingly criticising your politics. He's sarcastic and cynical, especially with hypocrisy, even with his middle class friends who went on and on about the Iraq war but who never questioned the system. And he doesn't beat around the bush - he's straight and open, something many may find a bit difficult.

That's what his songs have been like too. The interview took place at the time of the G8 protests and Live Aid fiasco. Mark's position is clear when he refers to the 'wankers' - Geldof and Co. He reminds us that before the first Live Aid he wrote the song 'Feed the Hungry', one of many songs with excellent political lyrics. Mark's songs are made up of little sentences, real slogans, words which reflect huge realities: 'The major cause of famine and poverty is organised human greed'. An approach quite different to Sir Geldof. At that time, the

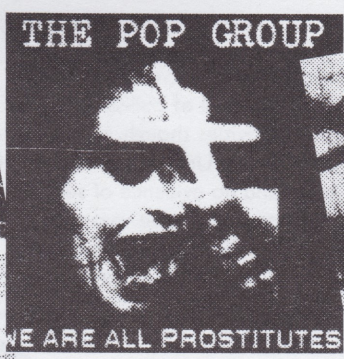
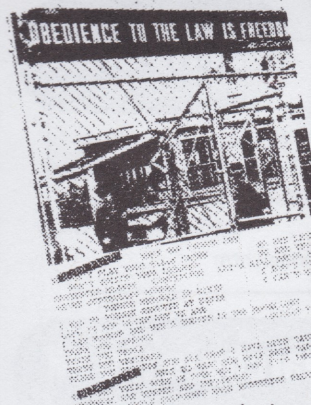


Mark's latest record in a Bristol shop

bristle 20 - 23







Pop Group's political attitude meant some partnership with the Last Poets. Feed the Hungry comes from the Pop Group's second record. On the first the songs are as sharp. Songs like Blood Money ("Money's a weapon of terror...") or Don't Sell Your Dreams in the 'Y' album. Or the amazing 'Amnesty Report', a shocking account of torture in Northern Ireland. These songs and lyrics were explosive at that time, in Bristol and nationwide (check them in the links below).

The Pop Group, through Mark's lyrics, reflected the politics of the time and Thatcher's reign. In 'Justice' he talks about corruption, police repression, deaths in custody and the murder by the police of anti-fascist activist Blair Peach. And there are jewels like 'Rob a bank', or the famous 'We are all prostitutes'. "That's about Thatcher, isn't it?". "No" said Mark, "that is about myself, about everyone. We live in the system and we're somehow part of it too. We all prostitute ourselves with our work, etc. It's about consumerism, but about myself too."

However, the graphic for that record was explicit: a cross hitting Thatcher on her face. Obviously, this was punk provocation on its best. "We always looked after the artwork" explains Mark. The Pop Group released their first record one year after Crass did theirs. Though they plaid very different music, Mark identified with their style, "we liked those black and white images, powerful images. Many of them have been used in many anarchist publications. I have seen them in Black Flag and others." Indeed - they are classics, and we would need an entire magazine to display them all.

Mark Stewart then moved to London and got involved in On-U-Sound. He moved around the dub scene, with people like Linton Kwesi Johnson, Bim Sherman etc, but as usual he liked to experiment and tried new ideas. Teaming up with the Sugarhill Gang musicians, he continued incorporating hip-hop style elements to his music to move to what was to be defined as Digital Hardcore. From that period he produced other political jewels such as 'Learning to cope with cowardice' (1982), 'As the veneer of democracy starts to fade' (1985), an album with his own name (1987), 'Metatron' (1990), 'Control data' (1996) and 'Consumed - The remix wars' (1998).

For re The Pop Group and Mark Stewart:  
[http://ccwf.cc.utexas.edu/~edge/pop\\_group](http://ccwf.cc.utexas.edu/~edge/pop_group)  
[www.uncarved.org/music/maffia/maffia.html](http://www.uncarved.org/music/maffia/maffia.html)

## Feed the Hungry

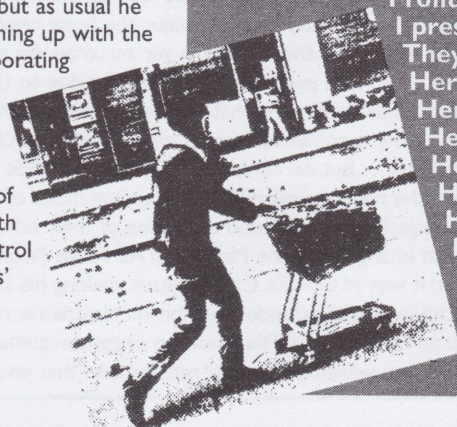
Greed?  
 Feed the hungry

In the mines of Bolivia  
 In the factories of South Africa  
 In the streets of Indonesia  
 Exploitation  
 Greed

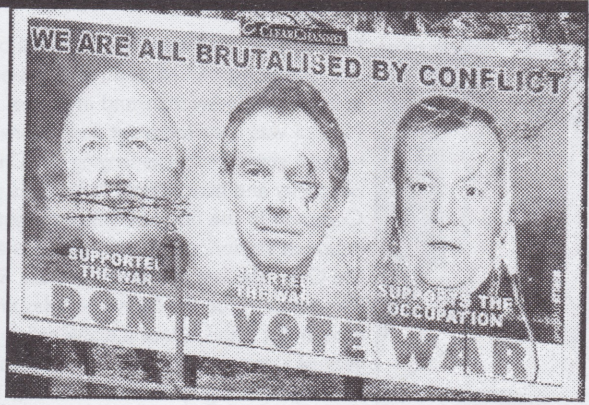
Feed the hungry  
 More than 10,000 men women children  
 die of starvation every day  
 The major cause of famine and poverty is  
 organised human greed  
 Feed the hungry

In the camps of Cambodia  
 In the shanty towns of India  
 In the prisons of Argentina  
 Exploit cheap labour  
 Exploitation  
 The rape of the Third World  
 Western bankers decide who lives and who dies  
 28 human beings  
 21 of them children die as a result of hunger  
 every minute every hour of every day

Profit is thicker than blood  
 I present the illuminati  
 They exploit cheap labour  
 Here come the imperialists  
 Here come the Rockefellers  
 Here come the Rothchildes  
 Here comes Carrington  
 Here comes B.P.  
 Here comes America  
 Here comes Russia  
 Here comes China  
 with their policies of aid  
 So few own so much  
 Take it.



## SUBVERTS



'Don't vote war' billboard  
 by Guerrilla Art: 07947 183940





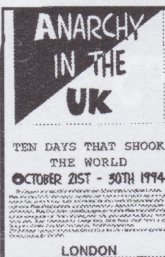
On Tuesday 14th June, revolutionary terrorists from all over South Wales gathered in Cardiff's Toucan Club to plot the downfall of civilisation. They have become pretty clever at disguising their activities though, cos this South Wales Against G8 event looked like a massive party. Undercover officer DC McCavity of the Yard stated 'We kept our ear to the ground but found no evidence of sedition. There were loads of people 'avin' a laugh, drinking beer and munching on homemade vegan sticky toffee cake. Some of the bands upstairs were a bit scary but none of them had Molotov cocktails.'

Clint Iguana

For more details see revamped Cardiff Anarchist Network website: <http://riseup.net/cardiffanarchists/index.htm>

## gig Cherry Bomb

The Toucan, Cardiff



This was billed as 'Anarchy in the UK', the film of an event of the same name that happened in October 1994 in London. That event was a 10-day gathering of anarchists, optimistically sub-titled '10 days that shook the world'. What we got was a few moments of decent footage of - M11 road protest; CJA demo; the levitation of Parliament (as if...); a few almost tangible rants by organiser Ian Bone (of recent Bristolian infamy); and a bit of 'comedy'. The rest was mostly footage from the simultaneous 'Smut festival', fine if you like to watch some S&M, but otherwise tedious bollocks. Reputedly this film was 10 years in the making...one wonders what they were doing in that time, editing out the worst bits? Like the event itself, this film is at best a missed opportunity. Much better was the post-film discussion involving those who'd been involved in recent G8 protests, which at least was relevant. And over £60 was raised for G8 defendants & prisoners.

@ clusters

## film Anarchy in the UK

The Cube Cinema, Bristol, 12 July

In Bristle 19 we reviewed Bristol's Everlong. Now we've been gifted with another locally-produced mag received in the post from our country cousins in South Petherton. Arf is the authentic inheritor of the glorious and inspiring DIY punk fanzine tradition. Old timers (like me!) will particularly enjoy the write-up on The Mob, Yeovil's home-grown anarchy-punk heroes of yesteryear. However, Arf is a tough little set of bellows puffing to keep the punk flame burning today in Wessex and beyond. There are interviews with Squad 69, Andy Cactus of Bald Cactus distribution, Lawrence of Taunton's Alternative Blueprint, Leftover Crack and Robolint inter-spliced in a tightly packed collage of drawings, reviews and letters. Go on, pry into its pages and find out who has a spider in his autoharp, who enjoys oral sex like 'a bulldog eating porridge' and which local band has taken a stand against land-fill. Arf #3 is on its way. Available from Arf Distribution, Yeomans, 49 St James Street, South Petherton, Somerset TA13 5BN.

xxx  
ARF

Issue 2, £1

Steve



This was Lughnasadh lunacy and a little piece of utopia in a Somerset field. Apart from the fact that it costs £95, the BGG is the nearest thing to the true green spirit of the old free festivals that exists in Wessex today. And it's minus the brew crew fuelled up on special brew and diesel snakebites and shitting in yer scrumpy. We noticed only two police patrolling the site; they were particularly noteworthy due to the fact that they both had several swan

feathers sticking out from their helmets, thus confirming that we were indeed in an alternative realm of being. Was this a temporary relaxation of the rules, deploying the carnivalesque as an instrument of social control? Or a chance for the old bill to experience a different reality? Who can tell... But certainly there was a brisk illicit trade in beaming smiles going on right round the site while at several flashpoints on the main thoroughfares marauding mobs of teenagers, many wearing hoodies, ambushed random festival goers and gave them hugs. Malarchy treated us to one of their unique crescendos of klezmer, folk and jazz, Kissmat rocked a packed marquee with bhangra, and the Mother of All Bands (ex2000DS) played once of the best impromptu raw energy punk sets I can remember. It was M.O.A.B.'s Captain Jesus shaking his stick of bells and the vegan walnut cake that did it for me. Workshops included SchNew's well-attended session on alternative media, Thomas Clough Daffern's compression of a millennium of green history into an hour and a DIY-session on orgone accumulators. So many memories, so much amazing stuff you had to be there really. And if you weren't, I heartily recommend that you make it in 2006.

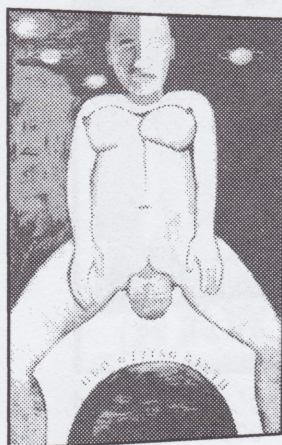
Steve

## festival

## Big Green Gathering

Cheddar, 3 - 7 August

## Obituary for Monica Sjoö



Monica Sjoö died aged 66 in Bristol on 8th August 2005. She had lived in Bristol since the late 1950s. She described herself as an anarchy-eco feminist. She was involved in the anarchist and anti-Vietnam movements in Sweden, and in Bristol she helped found the first Women's Liberation group in 1968. Monica was a writer, artist and visionary. In 1968 she painted 'God giving Birth', which portrayed a black woman giving birth, challenging the Christian notion of God and as a result was nearly taken to court for obscenity and blasphemy. Monica was politically active in many issues. She spent time at Greenham Common in the 80s, and more recently took part in an action against GM research at Long Ashton research station, supported protests at Ashton Court Quarry, and attended anti-war demonstrations in the City - the last in her wheelchair. She was a tireless supporter of indigenous peoples, and had a particular concern for the Saami peoples and the Taiga Forest. Monica was extremely critical of the New Age movement - and wrote a book called 'New Age Armageddon' (1992) exposing what she saw as the dangers of a movement that was predominantly white middle class and patriarchal. She was a fierce and uncompromising spirit who lived her life outside of the patriarchal status quo, inspiring many women and men whose lives she has touched over the years and across the world.

Nancy



# contacts

Priority is given to local/regional grassroots groups that are organised on a non-hierarchical basis.

## Arf (Punk Zine)

Yeomans, 49 St James Street, South Petherton,  
Somerset TA13 5BN.

**Avalon Fair Shares** (Glastonbury LETS scheme)  
01458 831118 [avalonfairshares@aol.com](mailto:avalonfairshares@aol.com)

## Avon Organic Group

0117 971 9077 [avonorganicgroup@onetel.com](mailto:avonorganicgroup@onetel.com)

## Bath Animal Action

[Bathanimalaction@yahoo.co.uk](mailto:Bathanimalaction@yahoo.co.uk)

## Bath Cycle Campaign

01225 483223 [info@bathcyclingcampaign.org.uk](mailto:info@bathcyclingcampaign.org.uk)  
<http://www.bathcyclingcampaign.org.uk/>

## Bath Hunt Saboteurs Association

07734 968414 [bathsabs@fsmail.net](mailto:bathsabs@fsmail.net)

## Bath Stop the War Coalition

[www.bathstopwar.org.uk](http://www.bathstopwar.org.uk)  
[Postmaster@bathstopwar.org.uk](mailto:Postmaster@bathstopwar.org.uk)

## Bristol Activists Forum

To join send a blank email to:  
[bristol-activists-subscribe@yahoogroups.com](mailto:bristol-activists-subscribe@yahoogroups.com)

## Bristol Animal Rights Coalition

07908061459 [barc@hotmail.co.uk](mailto:barc@hotmail.co.uk)

## Bristol Anti-Casualisation Campaign (BACC)

Ansaphone: 0779 2018881  
[bristolacc@hotmail.com](mailto:bristolacc@hotmail.com)

## Bristol Artivists

[bristol-artivists@lists.aktivix.org](mailto:bristol-artivists@lists.aktivix.org)  
[bartivist@aktivix.org](mailto:bartivist@aktivix.org)

## Bristol Colombia Solidarity Group

<http://www.colombiasolidarity.org.uk>  
[bristolcolombiasolidarity@gmail.com](mailto:bristolcolombiasolidarity@gmail.com)

## Bristol Cycling Campaign

<http://bcc.gn.apc.org>

## Bristol Defend the Asylum Seekers Campaign

0117 944 1481 [www.asylumbristol.org.uk/](http://www.asylumbristol.org.uk/)  
[asylumbristol@yahoo.co.uk](mailto:asylumbristol@yahoo.co.uk)

## Bristol Dissent (against the G8 & capitalism)

Meets last Tuesday of month at Kebele  
[http://www.dissent.org.uk\(national website\)](http://www.dissent.org.uk(national website))  
[dissentbristol@subsection.org.uk](mailto:dissentbristol@subsection.org.uk)

## Bristol Genetix Group

0117 927 6322

## Bristol Housing Action Movement

0795 725 4045

## Bristol Hunt Saboteurs

07908061459 [bristolhuntsabs@linuxmail.org](mailto:bristolhuntsabs@linuxmail.org)  
[www.bbhuntabs.rbg.net](http://www.bbhuntabs.rbg.net)

## Bristol Indymedia (submit your own news

and use the calendar to list events)  
[bristolindymedia@hush.com](mailto:bristolindymedia@hush.com)  
<http://bristol.indymedia.org>  
<http://www.indymedia.org.uk>

## Bristol International Solidarity Movement

Action and Resistance for Justice in Palestine  
[www.ism-bristol.org.uk/](http://www.ism-bristol.org.uk/)

## Bristol Peace Vigil

(City Centre opp. Hippodrome: Mon-Fri  
5.30-6.30pm; Sat 3-4pm)  
[bristolpeacevigil@yahoo.co.uk](mailto:bristolpeacevigil@yahoo.co.uk)

## Bristol Permaculture Group

0117 955 3959  
[bristol\\_permaculture@yahoo.co.uk](mailto:bristol_permaculture@yahoo.co.uk)  
<http://www.bristolfoe.org.uk/bpg/>

## Bristol Prisoners' Support Group (ABC)

[http://www.geocities.com/bristol\\_abc/](http://www.geocities.com/bristol_abc/)  
[bristol\\_abc@yahoo.co.uk](mailto:bristol_abc@yahoo.co.uk)

## Bristol Social Forum

[bristolsocialforum@yahoo.co.uk](mailto:bristolsocialforum@yahoo.co.uk)  
<http://groups.yahoo.com/group/bristolsocialforum>

## Bristol Stop the War Coalition

[bristolstopwar@hotmail.com](mailto:bristolstopwar@hotmail.com)

## Bristol Temporary Autonomous Artists

[taa\\_bristol@hotmail.com](mailto:taa_bristol@hotmail.com)

## The Bristolian news-sheet

07708411409 [the\\_bristolian2004@yahoo.co.uk](mailto:the_bristolian2004@yahoo.co.uk)

## Campaign to Save Day Care Centres

07818 677188 [bristol\\_citizens@yahoo.co.uk](mailto:bristol_citizens@yahoo.co.uk)

## Cannabis in Avalon

(campaigns for environmental benefits of hemp)  
01458-833236 [www.cannabis.uk.net](http://www.cannabis.uk.net)

## Cardiff Anarchist Network

[cardiffanarchists@riseup.net](mailto:cardiffanarchists@riseup.net)  
<http://riseup.net/cardiffanarchists/index.htm>

## Castle Cary contact for Genetics

**Engineering Network**  
01749 860689 [louise@ukonline.co.uk](mailto:louise@ukonline.co.uk)

## Clandestine Insurgent Rebel Clown Army

<http://www.clownarmy.org> [circa@riseup.net](mailto:circa@riseup.net)

## Common Voice

Electronic Journal of Non-Market, Anti-State  
Ideas <http://www.cvoice.org>

## The Cube Cinema

0117 907 4190 [www.cubecinema.com](http://www.cubecinema.com)  
[cubeadmin@microplex.cubecinema.com](mailto:cubeadmin@microplex.cubecinema.com)

## Dialect Community Radio Project

0117 942 9281  
(Bristol Broadband Co-operative)

## Well (Support for low-impact housing and

sustainable lifestyles) 0845 4581497  
[www.dwellwell.org](http://www.dwellwell.org) [enquiries@dwellwell.org](mailto:enquiries@dwellwell.org)

## East Devon Hunt Saboteurs

[sabs@devoneast.freemove.co.uk](mailto:sabs@devoneast.freemove.co.uk)

## Easton Cowboys

[www.eastoncowboys.org.uk](http://www.eastoncowboys.org.uk)  
[easton\\_cowboys@yahoo.co.uk](mailto:easton_cowboys@yahoo.co.uk)

## Eco-Village Network UK (EVNUK)

0117 373 0346

**Enrager.net** (anarchist and libertarian  
newswire, with a wide range of discussion  
forums) South West Forums:

<http://enrager.net/web/britain/southwest>  
To submit news/articles: <http://enrager.net/web/>

## Euskal Info (Basque Information)

[www.euskalinfo.org.uk](http://www.euskalinfo.org.uk) [euskalinfo@kebele.com](mailto:euskalinfo@kebele.com)

## Everlong (punk zine)

7 Nicholas Lane, St George, Bristol BS5 8TY.

## Glastonbury GE Group

01458 834787

## Guerrilla Art (Artists and activists against the

Iraq War) 07947 183940

## Gwent Anarchists

[gwentanarchists@yahoo.co.uk](mailto:gwentanarchists@yahoo.co.uk)  
<http://groups.yahoo.com/group/Gwentanarchists>

## i-Contact (alternative video network)

0117 9400 636 <http://www.videonetwork.org>

## Kebele Kulture Projekt

14 Robertson Road, Easton, Bristol BS5 6JY.  
0117 939 9469 [www.kebele.org](http://www.kebele.org)

## Kiptik (Zapatista Solidarity Group)

[www.kiptik.buz.org](http://www.kiptik.buz.org) [kiptik@eudoramail.com](mailto:kiptik@eudoramail.com)

## Leftism (Dance nights for local causes in Bath)

<http://www.leftism.co.uk> [leftismbath@aol.com](mailto:leftismbath@aol.com)

## Mapuche International Link

0117 927 9391  
<http://www.members.aol.com/mapulink/>

## Queer Mutiny Group (Bristol)

0117 9422222  
[queermutinybristol@yahoo.co.uk](mailto:queermutinybristol@yahoo.co.uk)  
<http://groups.yahoo.com/group/queermutiny-bristol>

## Road Block (anti-roads group)

01803 847649 or 07854 693067  
[www.roadblock.org.uk](http://www.roadblock.org.uk)

## Shellfish Network

0117 942 5524

## Solidarity Bristol (part of Solidarity

Federation) [www.solfed.org.uk](http://www.solfed.org.uk)  
[mail@solidaritybristol.org.uk](mailto:mail@solidaritybristol.org.uk)

## Somerset Against GE

01749 813787

## South Bristol Anarchist Group

07904810404 [sbanarchists@yahoo.co.uk](mailto:sbanarchists@yahoo.co.uk)

## South West Scratch the Surface Forum

(online forum for punk, ska and beyond)  
<http://www.scratchthesurface.co.uk>

## SWAN Network

[swangroup@yahoo.co.uk](mailto:swangroup@yahoo.co.uk)

## Swindon Against GMOs

01793 790438 [sbirley@gn.apc.org](mailto:sbirley@gn.apc.org)

## Transform Drug Policy Foundation

0117 941 5810 <http://www.tdpf.org.uk/>  
[info@tdpf.org.uk](mailto:info@tdpf.org.uk)

**'Your anarcho-anti-globalisation-think-  
global-act-local-direct-action magazine  
with good listings of local campaigning  
groups'.** (Cheers to Ian Bone, The Naked  
Guide to Bristol, p. 109).



## Kebele Kulture Projekt calendar

Kebele Cafe: every Sunday 6-11pm

Kebele bike workshop: every Wednesday 12-5pm

Kebele core meeting: last Monday of the month, 8.30pm

Kebele film night: last Thursday of the month, 7.30pm

Kebele library group: third Wednesday of the month

## Other groups using Kebele

Bristol Wireless: first Tuesday of the month, 6pm

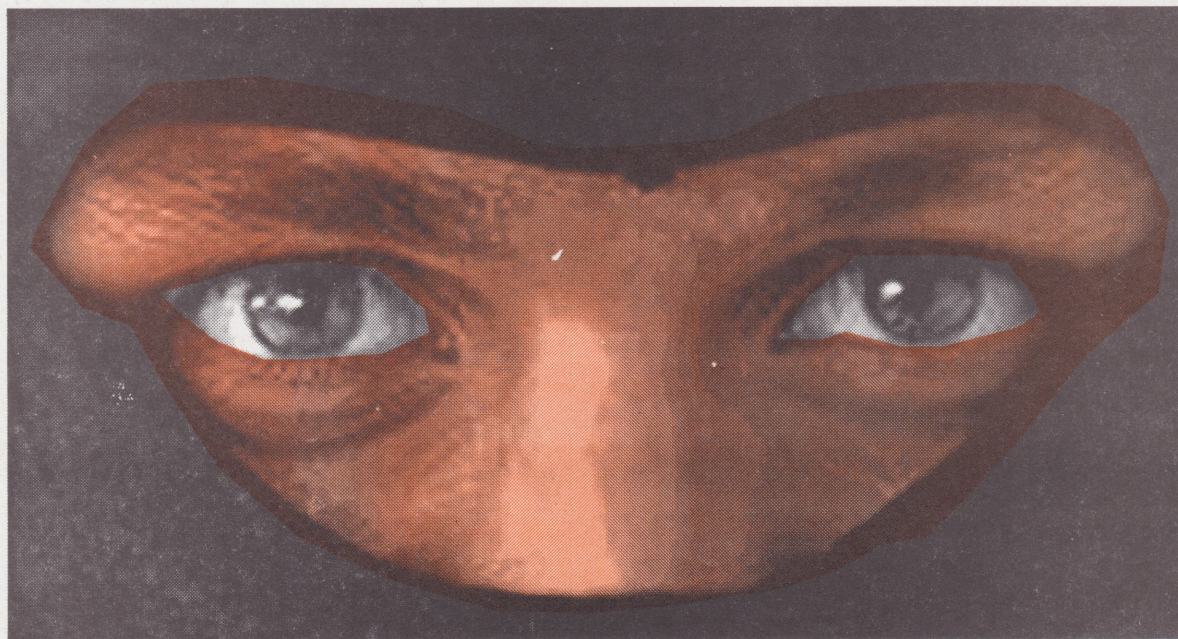
Bristol Colombia Solidarity: every other Wednesday, 6pm

Dissent: last Tuesday of the month, 7.30pm

Music Impro: every Thursday



# TICK YOUR BOX

☐

TERRORIST

☐

COP

☐

OPPRESSED  
WOMAN

☐

FREEDOM  
FIGHTER

☐

FRIEND

☐

ENEMY

*don't believe the hype!*

**NO GODS**

**NO GOVERNMENT**

**NO MASTERS**

**NO MARTYRS**